



# Quick Release

August 2018

## A Humble President

Patrick Stelte

Last month before a club ride, Mona Will regaled everyone within earshot about a touring event she and Robin attended in a distant land (Midwest). Mona's adventurous spirit has led her to many events afar and her knowledge and experience matches her expectations. However, she was gob smacked by what she encountered. The entry fee was somewhat expensive and limited to a few hundred cyclists. Upon arrival, parking was not marked nor approved by the business owner who was rather upset about all the unwanted cars in his lot. Registration was sparse and not very informative. This was a pattern for the ride. Pavement markings were nowhere to be seen and the map could have been made from a second grade competition (winner receiving an extra 15 minutes of recess.) The SAG stops were atrocious - card tables with minimal supplies laid out and no attendants. The Century route consisted of riding the fifty mile route twice and the roads looked like they had not been resurfaced since the Nixon administration.

In the last ten or fifteen years, numerous paid rides have popped up to take advantage of the growing "health and wellness trend" with promises of wonderful adventures and scenic vistas worthy of good memories. However, not all rides are alike. Sometimes, sketchy operators see a trend and capitalize with bare minimum resources and pricy entry fees. Mona's experience is a cautionary tale. By the time word-of-mouth (and social media) warn cyclists about a particularly bad experience, the event operators have made their profit and most likely moved on.

I highlight Mona's story as a contrast to our Festival Tour. 2018 was the 47<sup>th</sup> consecutive year the club has organized this companion event to the Three Rivers Festival. From a small seed of an idea back in the early 1970s to promote cycling in our community by partnering with a newly popular festival, our all-volunteer club has consistently satisfied cyclists from near and far. I remember my first foray with the Festival Tour in the early 1990s. The memories I have are smiling faces at registration and SAG stops, trading helpful tips with anyone I talked to and catching on to other cyclists and hanging together to the next SAG. I came back most years until I made it a regular "must do" event about 15 years ago.

Now as president, I have been responsible for continuing the tradition. This does not happen without a great deal of people support which start with the club officers. In January, our treasurer, Hugh Smith, began making reservations and inquires for registration and SAG locations, as well as event sponsorship and insurance coverage. Touring Director Steve Pequignot worked with Phil Snider on route logistics and was responsible for maps, SAG drivers and brochure creation while Phil designed and marked the routes. Webmaster Mike Heyes set up online registration and website promotion. Publicity officer Pamela Fennell made sure the Journal Gazette promoted our ride and Newsletter Editor, Scott Tomsits designed our monthly Quick Release with Tour updates. Membership Director Amy Copeland took charge of pre- and day of registration and provided a thorough post-ride accounting. Secretary Johnny Grabowski transported his personal freezer to hold ice cream he purchased for the after-ride treats. These wonderful, dedicated people are the frontline personal, but support is always given when asked and I want to thank the many other volunteers who stepped up. Registration: Jane Lewandowski, Jake Best and Russ Stephens. SAG: Otto Boschet (in-charge), Christie Lines, Jade Armstrong and Roiann Smolinski. SAG driv-

Monthly meetings are held the 1<sup>st</sup> Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#)

Next Meeting is August 2<sup>nd</sup>

[BikeReg.com](#)

We have changed our online signup for membership for your convenience. Follow the link above to join!



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## A Humble President

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Patrick Stelte

ers: Luis DeVeyra (another thank you for the great pictures), Chuck South, Jody Thomas, Emily Nicholas Nagy and Scott Tomsits. Also a thank you to Brad Smith, Earnie Williamson, Kent and Anne Ellis for helping Phil mark the routes.

Every year I am humbled by the outpouring of help to make this generational event a reality. The weight of expectations and ghosts of past organizers compel me to understand our club mission to promote cycling in our community. We are the oldest and largest in Northeast Indiana and that makes me proud to acknowledge I am a member of Three Rivers Velo Sport. Next year is the club's golden anniversary and preparations for the 2019 Festival Tour have already begun. I have formed a committee to re-vamp our Festival Tour in recognition of our historic milestone. I will gladly take suggestions concerning next year's event. You can drop me a note at [president@3rvs.com](mailto:president@3rvs.com).

Occasionally, I will tell a friend about my involvement with the club. I talk about my love of cycling and how I joined the club to ride with others and share my joy. Many years later, I am recognized as the longest serving president in club history. I relate to my listener that I never intended to become so immersed in this two-wheeled community, but here I am, plunged with both feet in the deep end. This would not have happened without all the relationships and memories I have accrued over the years. Come next spring, I will be on a solo ride, wind a bit stiff and cold, but the sun in my face and I will think about the anticipation of all the new people I will meet in the coming year. The thought will give me a little extra juice to get home and warm up. At the end of a club ride, it is all about the people that give me the experience. May you also anticipate your next memories of a good ride with those around you. Stay safe. The saddle is waiting for you.

## August Touring Report

Steve Pequignot

August will likely be our last hot month of the cycling season; I encourage you to get out and enjoy it. On Sunday, August 19, the club's official tour is the Jammin Tour in Roanoke. The Tour is expanding this year with distance options of 26, 52, 74 and 100 miles. To accommodate the distance options and to allow all riders time to enjoy the post-ride activities there will be staggered start times. Those riding 100 miles will start at 8:00 AM. At 9:00 AM the 50 and 75 mile groups start, and the 25 mile riders will start at 10:00 AM. This is not a race; however, timing chips will be used if you wish to see how your time stacks up against other riders in the tour. There will be SAG stops along the way. The tour starts and ends at the Joseph Decuis Farmstead Inn, 6756 E. 900 South, Columbia City, Indiana 46725. Online registration is available at [www.bikereg.com/jammin-in-roanoke](http://www.bikereg.com/jammin-in-roanoke). This is a fee based tour with proceeds benefiting Out of a Jam, a non-profit group assisting women working toward a better future. Jammin is offering a discount to 3RVS members, so be sure to take your membership card with you. A photo of it on your phone is also valid.



3RVS Touring

We are planning a special Friday night ice cream ride. August 17, we will meet in the west parking lot on Park Drive at Swinney Park. Be ready to ride at 7:30 PM. Make sure you have a headlight and tail light on your bike. Pamela and Tim Fennell along with Randy Rosewicz will lead the group along the River Greenway to Tillman Park at a greenway pace. At Tillman Park club members can enjoy some social time along with ice cream treats provided by the club. It will likely be dark when the group is ready to return to Swinney Park so you can enjoy the streaming and blinking lights from the peloton on your way back. The total distance of the ride is approximately 12.5 miles. Our last ice cream night ride was two years ago; your attendance at this ride will let us know if this is something the club should continue in the future.

As we all know the National Bike Challenge was a bust for our club this season; the good news is we still have a cycling challenge for club members. We are pleased to continue

**Monday**

**Franke 6:30PM**

Learn basic off road riding techniques. Meet at the trailhead parking lot. Respect the Trails - Stay off when condition pose a threat of damaging the trail.

**Monday Meanderings TBD & Musings**

Location varies, check weekly for start locations  
Pace 10-15 mph

**Spokesmen Ride 6:00PM**

Spokesmen Cycling Bike Shop  
247 N. Main St., Roanoke, IN  
Distance: 27-30 miles  
Pace: 16/19 mph

**Tuesday**

**Kreager 6:00PM**

Kreager Park 6400 N. River Rd  
Meet near the Tennis Courts  
Distance: 28 miles  
Pace: 13-15 mph

**Skills Dev Tour 6:00PM**

Jefferson Middle School  
5303 Wheelock Rd. Ft Wayne  
Distance: 24-42 miles  
Pace: 18-20 mph

**Wednesday**

**Saturn Ride 6:00PM**

Saturn Church, 6731 E 800 S Whitley Co. (1 mi E of Allen Co.)  
Distance: 25-27 miles  
Pace: 20+ mph

**Rogue Ride 6:00PM**

Carroll & Wayne HS (Varies weekly)  
Distance: 20-36 miles  
Pace: 15-17 mph

**Thursday**

**Girls Ride Out 6:00PM**

Roanoke Park, Corner of Seminary & 8<sup>th</sup> Street, Roanoke, IN  
Distance: 20/25 miles  
Pace: 14/15 mph

**Kreager A Ride 6:00PM**

Kreager Park 6400 N. River Rd.  
Distance: up to 40 miles  
Pace: 20+ mph

**August Touring Report**

Steve Pequignot

our September Touring Challenge for a fifth season. The September Touring Challenge begins September 1 and rides through the 30 days of the month.

How many kilometers can you ride in September? Awards will be presented at our annual End of Season Party to club members who join this club challenge and log their cycling distance on Strava. Awards will be presented to 3RVS members who bicycle 500, 750, 1000, or 1610 kilometers during September 2018. Your distance for any bicycling event, either a club tour, race, off road, or riding by yourself will be accepted as long as the ride is uploaded to Strava via a smart phone Strava app, Garmin device, or compatible equipment. Stationary trainer miles are not acceptable for this challenge. No manual entries will be accepted unless your recording device fails during your ride, in which case you may enter your lost miles as a manual entry along with the portion of the ride that was recorded offering an explanation for the lost distance in the description box. Your Strava account must be opened to accept 3RVS members to follow you without asking for a request. To join the 3RVS September Touring Challenge, go to [www.strava.com/clubs/3rvs](http://www.strava.com/clubs/3rvs) and sign up. This is now a closed group for members only. After you apply to join your membership will be verified, then your place on the roster will be approved. If you were a 3RVS member last year and joined the 3RVS September Touring Challenge you are likely already signed up for this year's challenge provided you are still a 3RVS member. If you are unsure if you are signed up go to your Strava Profile, look under Clubs for the Three Rivers Velo Sport September Touring Challenge logo. If it is on your Profile you are registered. Non-3RVS members may not participate in this challenge and will be removed from the group page on September 1, 2018. Non-members may join 3RVS then sign up for the challenge. Only kilometers ridden after joining 3RVS will be counted in the challenge. In addition to the awards mentioned above, podium awards will be presented to the top 3 female and male finishers. Once the challenge begins daily kilometer updates will be posted at: [www.americanclassicgroup.com/3rvs/3rvschallenge.htm](http://www.americanclassicgroup.com/3rvs/3rvschallenge.htm)



Steve Pequignot

To help you kick off the September Touring Challenge we will once again be hosting a three-century, Labor Day Weekend Stage Tour. That's 300 miles in three days. It all begins September 1. We will have complete details on our website and in the September issue of Quick Release.

Thank you all for being a positive part of our touring season and elevating cycling in our community.

I look forward to seeing you on the road.

**First Friday each Month**

**City Tour 6:30PM**

Lawton Park, east end of parking lot  
Distance: 8-10 miles  
Pace: 10-12 mph

## August Touring Dates

Date	Time	Map	Start At	Destination/Pace Groups	Distance
8/4	9:00 AM	ARC-5	Arcola Elementary	Columbia City/Larwill/Pierceton A,B groups	26/44/55
8/5	9:00 AM	WLN-1	Woodlan High School	Antwerp/The Bend A,B groups	12/31/50/63
8/11	9:00 AM	WHS-1	Wayne High School	Poe/Decatur/Willshire	21/35/40/55/60
8/12	9:00 PM	CHS-9	Carroll High School	Columbia City/Tri Lakes/Churubusco	37/45/59/64
8/18	9:00 AM	NHS-4	New Haven High School	Harlan/Hicksville/Spencerville A,B groups	18/31/39/48/63
8/19	8AM 100 9AM 52-74 10AM 26	Jammin	Joseph Decuis Wagyu Farm 6756 E900S	Fee based charity ride	26/52/74/100
8/25	9:00 AM	HHS-RC	Homestead High School	Riders' Choice, 1 of 11 routes A,B,D groups	40/41/48/54/58/69
8/26	9:00 AM	JMS-RC	Jefferson Middle School	Riders Choice choose 1 of 7 routes A,B,C groups	37/40/45/53/61

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B,C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

## Musings Ride Schedule &amp; Info

Mona Will

**7/30 Foster Park:** Meet at the pavilion across from the club house . This is my favorite tour. It's the 07 (not to be confused with 007) ride through the neighborhoods that Angie and others call home. She has history with this so there will be stories to be heard. Amy Williams has a story or two about this area that she may share. Mid-ride snack and there are talks about a post-ride stop at "The Stand" for anyone that is interested and has time.

**8/6 Foster Park:** pavilion once again. Today, we are discovering Waynedale using new crossing lights, trails that are hardly a year old, and neighborhoods that Brenda Mann has chosen for us to explore. Another meandering trip that we all enjoy. Chris Welling will lead the ride under the guidance of Brenda, our in neighborhood expert.

**8/13 Rykers Reserve:** First time for this departure point-northeast end of town. Park at Rykers Reserve where we will take off from Jodi Hawn Geers side of town. Bring your swimsuits and pool noodles because after the ride we are all invited to her place for snacks (catered by Jodi and Darla) and splashing and lounging at her pool!

**8/20 Concordia Seminary:** Back up to Concordia Seminary for this ride. Meet at the Luther Statue. I have two routes that I'm tossing around and by then I will have decided where we are going. Always some meandering and mid-ride snacks and beverages.

**8/27 Chateau Kennedy:** Our first out of the county (not country) ride. Diane Mardoian-Kennedy is hosting and leading the ride from her house. The address will be shared later. She is going to provide garden treats and beverages after the ride. We will be riding on a few country roads with low traffic.

# Indianapolis Monon and Culture Trail Destination Ride

Jennifer Altherr & Amy Copeland

\*\*\* Rescheduled Date - August 25<sup>th</sup> \*\*\*

### Three Rivers Velo Sport

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We're on the web.  
www.3rvs.com



@ride3rvs



Members interact at  
facebook.com/  
groups/  
ThreeRiversVeloSport

View our rides, Face-  
book.com/3rvsvideo



Life 360  
Track our tours live  
at Ride 3RVS

**When:** Saturday, August 25, 2018 at 7:45 AM

**Meet:** Starbucks at 5723 Coventry Lane at 7:45 AM and condense into cars for 8:00 AM SHARP departure to drive to the trailhead in Westfield located at 17501 Dartown Rd/ Quaker Park for a 10:00 AM ride time.

**Bring:** Spending money, helmet, your camera and a bike lock if you have one. Any type of bike will work for this ride.

**The ride:** We will ride the length of the Monon until it joins the Indy Cultural Trail near 10<sup>th</sup> street for a sightseeing loop downtown to include The American Legion Mall, The Canal, Indiana State Museum and Monument Circle eventually

returning to the Monon for our trip home. We plan for a lunch stop en route, and possibly a bonus stop in Broad Ripple to quench our thirst. Total mileage for the tour will be just over 40 miles and it will be all paved.

**Pace:** Leisurely 10-12 MPH

**Return:** Although we hope to be home in time for dinner, due to the social nature of this event we can't make any guarantees.

For more information about the trails:

<https://indyculturaltrail.org/>

<https://www.visitindy.com/indianapolis-monon-rail-trail>

