



Quick Release

August 2019

Patrick Stelte

Time to Step Down

The first Thursday in January 2011 was bitter cold and snowy. Two months earlier, Steve Pequignot called me and asked if I would be interested in becoming president of Three Rivers Velo Sport. Dave Lehman was stepping down after six years and club officers were scouring the membership for a replacement. I started riding regularly with the club in the spring of 2007 and became fast friends with Steve. He was the touring director and decided I would make a good president. After much thought, I had figured out a reason to serve as president: I was raised to serve the greater good and I wanted to lead with the idea of being as inclusive as possible and open to as many new ideas that could possibly be implemented by our all-volunteer members. Because of the challenging weather conditions, the normal meeting venue was closed and a last second option was the Starbucks at Jefferson and Fairfield. That night, I introduced myself and handed out a one page document of promises and ideas to those present. I knew most of the officers were skeptical of me and I had to win them over if I were to get anything done.

Now, almost nine years later, I think back to all that has passed, all the people I have met that have become friends and acquaintances, all the events planned and the decisions made to push the club into the 21st century. An early example was online registration for membership and the Festival Tour. It was debated for a while by the officers, but never implemented. Webmaster Mike Heyes had the knowledge and platform to accomplish the transition, but I had to navigate a path around entrenched egos. The club constitution was another long simmering idea cobbled together with several drafts that was never finalized. Club politics had stopped cold the ratification. The practice of patience has served me best when getting things accomplished and it took me several years to have a single constitutional document ratified.

As president, success lies not in bold ideas, but in managing people. Cyclists are most passionate during riding season and my biggest headaches have come in-season and centered on who, what, where, when and how to ride a bicycle. To this end, I have fostered coopera-



Monthly meetings are held the 1st Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#)

Next Meeting is Thursday August 1st

Minutes and agendas archived [here](#):

We have changed our online signup for [membership](#) and for the [festival tour](#) for your convenience. Follow the links above to join or more information!



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Patrick Stelte

Time to Step Down

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tion, understanding and comradeship. I always want to welcome a new rider to the group, make mention a particular outcome (good pull) and finish with, "good ride today", no matter the events on the road. Being positive goes a long way when the only lever I have is my reputation and friendliness. Every year will bring conflicts. The best start to resolving issues is setting a baseline of inclusiveness. We all want the same outcome: to ride a bicycle and create good memories with like-minded people.

The most prominent change in the club during my tenure has been social media. Mike Heyes established our website over twenty years ago, but the advent of Facebook has changed the interaction of our cycling community. Conversations, meet ups, last minute updates to rides, out of town event notices, calls for help and invitations to eat/drink after a ride dominate our page daily. It is so easy to feel included in our culture when interacting or browsing with a phone or computer. There are fewer missed opportunities (or more depending on your disposition) when a click or thumb-drag can plan your day. And most important, now everyone can see you displaying a club kit on a vacation ride in a distant state, "I was there, enjoying my ride, thinking of you."

I started my administration near the beginning of the decade and I have decided that 2019 will be the end. I chose to announce the end of my service in August to give time for someone to step forward and lead the club in 2020. I will finish out the year with my final duty to office organizing the club party on January 4th. I cannot begin to thank all the members and officers who have helped me with keeping the club vibrant and influential. After 51 years, 3RVS is an institution in northeast Indiana. We are a touchstone of knowledge for newbies and organizations wanting help with cycling outcomes. As a club, we offer more weekly rides than at any other time in club history. We support non-profits monetarily along with time and labor. The next president will have a strong group of officers to help the transition and keep the momentum going. This isn't a paid position. Satisfaction is realized by knowing you made a difference. As new leaders cycle through, club activities take on their personality. New club members will be welcomed and first impressions made. Tonal perceptions will be set and the club will continue with promises to the future.

I've had a wonderful experience leading the club. 3RVS has taken over my social structure and although I am stepping down, I am not stepping away. I will help in any way to make the transition to the next president as smooth as possible. Every member wants the club to succeed and have a good ride. I would recommend the presidency as a fulfilling duty to the appreciative.

A Day at Cherokee Park

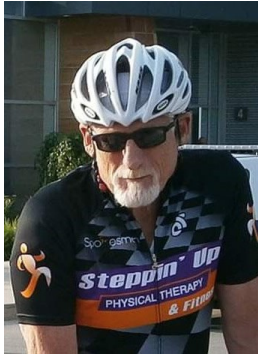
Doug Wintin

I was watching the Tour De France and enjoying the tactics and the incredible athletes that make up the peloton. That got me thinking about a day in the 70's and one of my first races. It was at Cherokee Park in Louisville Kentucky and was part of the Kentucky Derby of cycling. I wish that I could tell you that the rest of the story was about my overcoming great odds to win, but it isn't. In fact I got dropped like a stone on the third lap of the Cat 4 race. The real story is about the Senior Men's Cat 1/2 race.

The Kentucky derby of cycling was a big deal. Riders came from all over the country just for the opportunity to compete against the best the U.S. had to offer. One of the riders in

A Day at Cherokee Park

(Continued from Page 2)



Doug Wintin

the event was the national Men's Road Race Champion for that year. His name is Wayne Stetina. You may have heard of Wayne. He is a two time national champion, competed in two Olympics, is pro racer Peter Stetina's uncle and is currently vice president of Shimano's road cycling division. Wayne is the man!

The 1/2 race lined up for the start. The course is one of those that suited some riders and not so much others. I thought to myself that this was a course for Wayne. He was a great bike handler which would be needed for the downhill hairpin turn at the end of the home straight. The course then makes its way onto the flat section of the park where he and his Brother Dale's TT skills would put the hurt on many in the pack. The last mile of the course goes around the east end of the park and up a hill that I remember as being as steep as Aboite Road hill but twice as long. Wayne could climb but it wasn't his strong suit, he left climbing to Dale.

As the race started my wife and I were laying out a picnic lunch. We settled down on the blanket and watched the race unfold. From where we were sitting we could see the finishing straight into the hairpin and sections of the flat portion of the course. We couldn't see anything of the finishing hill until the riders started to make the final turn onto the home straight and the finish line.

The laps rolled by. Riders were being shelled off the back of the peloton. Wayne didn't lead all of the time but he was never very far from the front of the group. The laps rolled down and the group got smaller. Wayne was positioned perfectly as the bell rang signifying the last lap. There couldn't have been more than fifteen riders left to contest the finish. The crowd was standing, straining to see the flat portion of the course. Then you started hearing "That's Wayne." "There he goes." "They won't catch him." And then they were gone, out of the crowd's sight.

Everyone turned toward the top of the hill to see Wayne come around the corner first. He did just that. He was all alone with the finish line right in front of him. He sat up and started zipping his jersey. Something caught my attention. A single rider was flying around the corner. It was a kid, a skinny little kid and he was moving! Then the screaming started. Papa Roy Stetina was yelling over and over "Go, Wayne!" "Go Wayne!" "Go Wayne!" Wayne got back down on the bars and peddled as hard as he could but it was too late. The skinny little kid was gone and crossing the finish line.

It turned out that the skinny little kid was a junior racer from Nevada. He would go on to have an incredible career in cycling. That junior ended up winning the Tour De France three times and the World Championship twice. You guessed it. Greg Lemond was the skinny little junior racer who won the Kentucky Derby of Cycling! Every time I see a picture of pudgy adult Greg I see that kid flying past Wayne and I hear Papa Roy Screaming in the background.

That was a day in the park that I will never forget.



3RVS Touring

Festival Tour Recap

Kent Ellis

"This is the BEST tour I've been on! I recommended it to all of my friends immediately after finishing. Things I LOVED... nice roads, excellent selection of food, AIR CONDITIONED SAG stop – WOW!, actual bathrooms, downloadable routes!"

I hope this comment from a rider sums up the experience for all of the participants in the 2019 Three Rivers Festival Tour. By all measures, this year's tour was a tremendous success. We had 271 registered riders for the event this year, including 97 club members. Thus, I wish to extend a big thank you to all of the members who joined us for the 48th edition of the Festival Tour.

The success of the tour would not have been possible without the tireless efforts of the planning committee and the many volunteers that spent their day supporting, feeding and watering all of the participants. Thanks go to Anne Ellis, Mona Will, Patrick Stelte, John Grabowski & Pamela Fennell for the tremendous job they did in organizing and planning to make this a great ride. We had 27 volunteers on the day of the ride that worked very hard to make the tour a great experience for all of the riders – most of them working the entire day and many of them contributing time prior to the ride. And a special thanks to the folks who managed the SAG stop at Morsches Park – what great food!

The comments and feedback we've received from the riders has been overwhelmingly positive. I think we've built a good base for ensuring that the Three Rivers Festival Tour becomes known as the premier cycling event in Northern Indiana and expect continued success and growth in coming years. But, it can't be done without the support and help from the club members.



If you rode and enjoyed the experience, make sure you pass the word on to your cycling friends and get them out for next year's ride. We will need a lot of volunteer support to make this ride even bigger and better – help us bring Three Rivers Velo Sport into the limelight as a premier cycling club that hosts an outstanding cycling event.

Weeknight Rides

Monday

Monday Meanderings & Musings TBD

Location varies, check 3rvs.com weekly for start locations
Pace 10-15 mph

Grabill Ride 6:00 PM

Dates: 8/12 (Last Day)
Sauder Feed 14033 Grabill Rd.
Every other Monday Starting 5/6
Distance: 28 miles
Pace: 16-19 mph

Franke 6:30 PM

Learn basic off road riding techniques. Meet at the trailhead parking lot. Respect the Trails - Stay off when condition pose a threat of damaging the trail.

Tuesday

Kreager Ride 6:00 PM

Kreager Park 6400 N. River Rd
Meet near the Tennis Courts
Distance: 28 miles
Pace: 13-15 mph

Skills Dev Tour 6:00 PM

Jefferson Middle School
5303 Wheelock Rd. Ft Wayne
Distance: 24-42 miles
Pace: 18-20 mph

Wednesday

Saturn Ride 6:00 PM

Saturn Church, 6731 E 800 S Whitely Co. (1 mi E of Allen Co.)
Distance: 25-27 miles
Pace: 20+ mph

Rogue Ride 6:15 PM

Arcola & Wayne HS (Varies weekly)
Distance: 20-36 miles
Pace: 15-17 mph

Thursday

Kreager A Ride 6:00 PM

Kreager Park 6400 N. River Rd.
Distance: up to 40 miles
Pace: 20+ mph

Urban Exploring 6:00 PM

Johnny Appleseed Park
(near the north playground)
Distance: TBD
Expect some off-roading

August Touring Schedule

Date	Time	Map	Start At	Destination/Pace Groups	Distance
8/3	8:00 AM	WHS-4	Wayne HS	Zanesville/Ossian/ Hoagland A/B Groups	23/35/43 52
8/4	8:00 AM	KRG-8	Kreager Park	Paulding/Antwerp A/B/C Groups	26/48/64
8/10	8:00 AM	HHS-6	Homestead High School	Columbia City/South Whitely/North Manchester A/B Groups	24/40/48 61/72
8/11	8:00 AM	CHS-3	Carroll High School	Merriam/Churubusco A/B/C/D Groups	25/40/57
8/17	8:00 AM	WHS-3	Wayne HS	Huntington/Ossian A/B/C Groups	19/33/44 55
8/18	8:00 AM	NHS-2	New Haven High School	Hoagland/Monroeville/ Woodburn A/B/C/D Groups	30/43/50 58
8/24	8:00 AM	SWS-1	Sweetwater Sound	Garrett/Huntertown A/B/D Groups	29/38/60 69
8/25	8:00 AM	HTN-9	Huntertown ES	Churubusco A/B/C Groups	34/39/53 59
LABOR DAY 300					
8/31	8:00 AM	KRG-7	Kreager Park	Woodburn/Payne/ Paulding/Antwerp A/TBA/C Groups	26/59/72 105
9/1	8:00AM	HHS-13A&B	Homestead High School	Roanoke/Huntington/ Andrews/ Lagro/Wabash TBA Groups	33/48/65 100
9/2	8:00AM	STJ-2	St.Joe Church	Butler/Spencerville/Grabill TBA Groups	Loops of 16/25/26 34=101

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B,C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

Girls Ride Out

6:00 PM

Roanoke Park, Corner of Seminary & 8th Street, Roanoke, IN
Distance: 20/25 miles
Pace: 14/15 mph

Short N' Sweet

6:30 PM

Sweetwater Sound
Distance: ~25 miles
Pace: 16-19 mph

First Friday each Month

City Tour

6:30 PM

Lawton Park, east end of parking lot
Distance: 8-10 miles
Pace: 10-12 mph

3RVS Racing

Dave McComb

Road Time Trial Series #3 - July 16, 2019 - Final Results

Place	Name	Class	Time	MPH	Place	Name	Class	Time	MPH
1	Gary Painter	M-TT	21:54	27.40	8	Don Cahill	M-TT	25:54	23.17
2	Ben Hopper	M-TT	22:16	26.95	9	Denny Zech	M-TT	29:30	20.34
3	Hugh Smith	M-TT	23:23	25.66					
4	Race Dorsey	M-TT	24:04	24.93	1	David Park	M-RD	24:56	24.06
5	Mark Whitmer	M-TT	24:13	24.78	2	Scott Tomsits	M-RD	27:26	21.87
6	Dan Fineran	M-TT	24:15	24.74					
7	Paul Mowery	M-TT	24:28	24.52	1	Amy Woods	W-TT	26:48	22.39

Rogue Ride & Monday Meandering and Musings Schedule

Mona Will

Rogue Ride first:**August 7, 14** - Arcola Elementary School 615PM departure time (parking lot of the school)**August 21, 28** - Tillman Park 615PM departure time (parking lot that is adjacent to tennis courts)**Monday Meandering and Musings next:****August 5** - Parkview Y led by Kathi Heyes. We leave at 10AM.**August 12** - Lawton Park trailhead (yes, again) located just slightly east of the skate park. Angie Quinn will be our ride leader this ride. The theme is "Telegraphs, Phonographs and Television." 10AM departure.**August 19** - Tillman Park led by Mona Will 9AM departure (Note earlier departure time).**August 26** - Lakeside Gardens meet at the pavilion located beside the pond 9AM departure (Note earlier departure time).

3RVS CARES - Educating the Uneducated

Mona Will

It was exciting news when Governor Holcomb signed HB 1236, also known as the "Three Feet Law" on May 2, 2019. That law took effect on July 1, 2019 and there was almost a collective sigh of relief that finally cyclists in Indiana could ride knowing there they were given legal rights and protection when traveling on roads and streets.

The pragmatic side to this law is just because it became law on July 1st didn't mean that drivers were suddenly going to pass respectfully by going into the opposite lane or at the very least yielding to the three feet passing distance. It also didn't necessarily mean that local police officers were patiently parked along the roads or streets looking for infractions of the law and then immediately going after the drivers to enforce it.

This week in Indianapolis there was an auto/bike collision. A local television station posted on their Facebook page **Cyclist killed after getting hit by SUV on Indy's south side.**

Here are a few comments from that post that reflect the mindset of *some uneducated* motorists. "You got to watch out for these cycles, because many think they own the road. They do not care if you are turning, because if you hit them they know its your fault. Many times I have had them cross an intersection right into my path clearly seeing I have my blinker on to turn right they just keep going by trying to beat you to the intersection." "there is no reason for a bicycle to be on a road with a car they belong on side walks." "... because it's the law you'd rather risk your life riding on the road than to ride on the sidewalk and risk a small fine? Lol ok just let natural selection take its course I guess ☐☐☐" "was it an exercise cyclist or a necessity cyclist? bc the former being hit would not bother me any more than holding up traffic bothers them." That was Indianapolis area people talking but it could have easily been right in Ft Wayne and the surrounding communities.

So how do we as cyclists get people to think and act differently? **Education.** *The aim of education is the knowledge, not of facts, but of values.* One such source of education is Bicycle Indiana's website www.bicycleindiana.org The website has a section with the heading of *Get Informed*. Under that is a subtitle *Know the Law* which has multiple PDFs that can be printed and/or downloaded. I would suggest posting them on your own Facebook page, your work place website or bulletin board (do those even exist anymore?) or taking some to your church, the Y, or school, and posting in appropriate places. The more people read the information presented the more informed they will become. And maybe, just maybe, some of those people will begin to have a change of attitude and will respect and accept cyclists riding on the roads and streets.



Monon Trail Destination Ride - Back by Popular Demand

Amy Copeland &
Andrea Egeland

When: Saturday, August 3rd 22, 2019

Meet: Starbucks at 5723 Coventry Lane at 7:45 am and condense into cars for 8:00am SHARP departure to drive to the trailhead in Westfield located at 17501 Dartown Rd/Quaker Park for a 10:00 am ride time. Anyone missing the Fort Wayne meet time or wishing to drive separate may meet us in Westfield.

Bring: Spending money, helmet, your camera and a bike lock if you have one. Any type of bike will work for this ride.

The ride: We will ride the length of the Monon until it joins the Indy Cultural Trail near 10th^h street for a sightseeing loop downtown to include The American Legion Mall, The Canal, Indiana State Museum and Monument Circle eventually returning to the Monon for our trip home. We plan for a lunch stop in downtown Indy at the Rathskeller, and possibly a bonus stop in Broad Ripple to quench our thirst or get desert. Total mileage for the tour will be just over 40 miles and it will be all paved.

Pace: Leisurely 10-12 m.p.h.

Return: Although we hope to be home in time for dinner, due to the social nature of this event we can't make any guarantees.

For more information about the trails:

<https://indyculturaltrail.org/>

<https://www.visitindy.com/indianapolis-monon-rail-trail>

We sincerely hope the rain and storms will stay away this time!

Three Rivers Velo Sport

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We're on the web.
www.3rvs.com



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