



Quick Release

July 2018

Monthly meetings are held the 1st Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#)

Next Meeting is July 5th

[BikeReg.com](#)

We have changed our online signup for membership for your convenience. Follow the link above to join!

47th Annual Three Rivers Festival Tour



About

The 47th Annual Three Rivers Festival Tour will be held on July 15, 2018. This is a paid event that is open to all riders. All routes begin and end at Hickory Center Elementary School, 3606 Baird Road, just south of Carroll High School, on Fort Wayne's northwest side.

You will ride through gently rolling to moderate hills on routes of 14, 25, 52, 63 or 100 miles through Allen, Whitley and Noble counties. The rest stop is located at Churubusco, where you can select various loops to ride.

APPROVED CYCLING HELMETS MUST BE WORN BY ALL RIDERS.

Support & SAG Services

The SAG stop located at Churubusco will open at 7:30 AM, so do not start prior to 7:00 AM. There will be a mass start at 8:00 AM, though you may start at any time. Select a distance you can complete by 4:00 PM, when support services end. Support vehicles will travel the routes to assist riders with mechanical problems. Support personnel will be accessible by cell phone.

Online Registration

Online registration is now open until July 8, at BikeReg using the link below. Just click on the BikeReg image. There is a fee you will be charged for online registration. **Please bring your registration verification with you to present at the registration desk the day of the tour.**



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register online @



Nonline Registration

Day of registration will be available from 7:00 AM to 10:00 AM the day of the tour at Hickory Center School. All riders receive a route map, roving support, snacks and drinks at the SAG

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stop. Please note: Small children must be accompanied by adults at all times.

[Click here to download the brochure and printable ride application.](#)

Mail both the form and payment to:

3RVS Festival Tour
P.O. Box 11391
Fort Wayne, IN 46857-1391

Additional Information

For more information or questions, please email the Three Rivers Festival Tour Chairman at: 2018festi-valtour@3rvs.com

The Three Rivers Festival, July 13 -21, 2018, is a 9-day celebration of Fort Wayne's heritage and offers a multitude of cultural, ethnic, recreational and educational events. Our bicycle tour just happens to be one of the oldest and best events of the festival. We hope you enjoy it!

Plan to experience the Three Rivers Festival celebration. For more information about the Three Rivers Festival visit their website: <http://www.threeriversfestival.org>.

3RVS CARES - Trails

Mona Will

Summer is finally here! For most of us, summer is filled with pleasant childhood memories of carefree days riding our bikes, summer camp with friends, spending the entire day at the pool or at the lake, and family vacations visiting family, friends or new places. Summer was and still is filled with adventures.

By the posts on the 3RVS Facebook page, I see that even as adults we are enjoying ourselves much as we did as kids. We are riding our bikes, we are spending time at the lake with friends and/or family and we are leaving town to take a vacation within driving distance or hopping on a plane. One of the common themes I see in all of these summer activities is riding our bikes and exploring new trails. Trails are part of the out of town group rides we go to or look for when we are visiting a new destination.



3RVS Touring

Studies have shown the positive impact of homes resell value if located near a trail, the recreational value with the use of bike paths for walking, jogging, cycling, skating or nature observation. In nearby Indianapolis with the addition of the *Cultural Trail* property values increased by \$1 billion, businesses reported more customers and higher sales, and residents felt safer downtown since construction of the 8-mile trail. This is according to a survey conducted by Indiana University Public Policy Institute in 2015.

So what about our own trails right here in our own city? We have more than 105 miles of multi-use trails in the Greater Fort Wayne Area and it includes more than 75 miles of interconnected trails. The trails are made up of the Rivergreenway Trail, Aboite Trails, Puff-belly Trail, Salomon Farm Loop, and Randalia Drive Trail. There are even more future planned and proposed trails. For information about these trails and plans go to <http://www.fortwayneparks.org/trails.html>.

Many of us have utilized the trails when we are commuting to and from work, taking the kids or grandkids on a ride, using them when we are out on a run, or when we need to take a walk to clear our heads. In the case of someone that I know personally, she chose the apartment she is now living in because of it's proximity to the trail. What I'm saying is that the trails are used by most of us for one reason or another. Those trails are free to use but they aren't free to build and maintain. Our own Fort Wayne Trails is an organization that advocates for the trails. They fund-raise for the development of the trails and they always accept donations.

Monday

Franke 6:30PM

Learn basic off road riding techniques. Meet at the trailhead parking lot. Respect the Trails - Stay off when condition pose a threat of damaging the trail.

Monday Meanderings TBD & Musings

Kreager Park
Pace 10-15 mph
Check weekly for start locations

Spokesmen Ride 6:00PM

Spokesmen Cycling Bike Shop
247 N. Main St., Roanoke, IN
Distance: 27-30 miles
Pace: 16/19 mph

Tuesday

Kreager 6:00PM

Kreager Park 6400 N. River Rd
Meet near the Tennis Courts
Distance: 28 miles
Pace: 13-15 mph

Skills Dev Tour 6:00PM

Jefferson Middle School
5303 Wheelock Rd. Ft Wayne
Distance: 24-42 miles
Pace: 18-20 mph

Wednesday

Saturn Ride 6:00PM

Saturn Church, 6731 E 800 S Whit-
ley Co. (1 mi E of Allen Co.)
Distance: 25-27 miles
Pace: 20+ mph

Rogue Ride 6:00PM

Carroll & Wayne HS (Varies weekly)
Distance: 20-36 miles
Pace: 15-17 mph

Thursday

Girls Ride Out 6:00PM

Roanoke Park, Corner of Seminary
& 8th Street, Roanoke, IN
Distance: 20/25 miles
Pace: 14/15 mph

Kreager A Ride 6:00PM

Kreager Park 6400 N. River Rd.
Distance: up to 40 miles
Pace: 20+ mph

July Touring Report

Steve Pequignot

It's hard to believe July is here already. July marks the midpoint of our cycling season and usually the warmest cycling month. Accordingly, we are moving the starting time of the weekend tours to 9:00 AM., the exception being the Three Rivers Festival Tour.

Enjoying Independence Day - July 4 is on a Wednesday this year. Here is a great idea for hump day: instead of the usual mid-week routine, why not join us on a delightful holiday ice cream tour to Monroeville. We are planning a four-pace group ride starting at Woodlan High School. All groups will take the same route until we get to State Line Road, at that point each group will take different routes looping into Ohio then riding on to Monroeville. If each pace group rides at their advertised pace we should all meet at the Whippy Dip in Monroeville at about the same time. After ice cream the groups can all ride together for a 12-mile social ride back to Woodlan, or riders looking for a workout at group pace can do an out-and-back on a longer route back to Woodlan. Either way, it's better than your typical Wednesday.



Steve Pequignot

July is Three Rivers Festival Month

Join us for our 47th Annual Three Rivers Festival Tour, Sunday, July 15th. It is a longstanding event of the Three Rivers Festival. Bring a friend, your family, or come by yourself and find a group to ride with at your pace. There will be distance options from 14 to 100 miles. You can start anytime between 7 and 10 AM., or ride in one of four pace groups at the 8 AM. mass start. Enjoy riding in this classic on-road, SAG supported tour which includes delicious cycling nutrition at the SAG Stop and ice cream treats at the finish. If you can't ride that day consider volunteering for Registration, Roving SAG Support, or Food Tent Service. See complete details of the Three Rivers Festival Tour in this issue of **Quick Release**, or at 3rvs.com. If you wish to volunteer for Registration email: membership@3rvs.com; Roving SAG Driving email: touring@3rvs.com, Food Tent Services email: president@3rvs.com.

July Touring Tips of the Month

Here are two tips if you are meeting up with a group tour on the road, or for any reason you do not arrive at the start location on time for a group ride and plan to meet the group on the road and your expected meet-up point will be one in which you will be riding toward the group traveling the opposite direction on the road, when you see the group riding toward you, after checking to ensure it is safe to do so, turn around on the road well ahead of the group. Stay on the far right side of the road and let the group pass you. After the group passes get on the wheel of the last rider in the paceline and adjust to the group's pace. Doing so will permit the group to maintain their pace with little to no disruption. It is not wise to let a group pass you riding the opposite direction then turn around behind them and try to catch them. The group may be in the middle of a fast paced interval with others to draft them. You may never catch on by yourself.

Should you have to drop off or leave a group during a tour, let someone know your intentions, then fall off to the back of the group. Doing so does two important things: 1. If you are planning to make a turn different than what the group will be doing it will eliminate con-

First Friday each Month

City Tour 6:30PM

Lawton Park, east end of parking lot
Distance: 8-10 miles
Pace: 10-12 mph

July Touring Report

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fusion within the group when you make your turn as the entire group is ahead of you. 2. By informing a group member you are leaving the group that rider can convey your message to the ride leader who is usually counting heads making sure everyone is accounted for.

July Touring Dates

Date	Time	Map	Start At	Destination/Pace Groups	Distance
7/1	9:00 AM	HTN-5	Huntertown Elementary	Albion/Churubusco A,B,C groups	22/34/54
7/4	9:00 AM	WLN-6	Woodlan High School	Woodburn/Monroeville A,B,C,D groups	37/41/43/47/67
7/7	9:00 AM	WHS-3	Wayne High School	Ossian/Huntington A,B,D groups	19/32/45/55
7/8	9:00 AM	CHS-7	Carroll High School	Columbia City/Churubusco A,B,C groups	28/39/51
7/14	9:00 AM	HCS-1	Hickory Center School	3 Rivers Festival Pre-Tour	14/25/52/63/100
7/15	7-10 AM mass start at 8AM	HCS-1	Hickory Center School	3 Rivers Festival Tour, fee required A,B,C,D mass start groups	14/25/52/63/100
7/21	9:00 AM	HHS-RC	Homestead High School	Riders' Choice, 1 of 11 routes A,B,D groups	40/41/48/54/58/69
7/22	9:00 AM	LHS-7	Leo High School	Spencerville/Butler/Edgerton Ohio A,B,C groups	20/31/42/48/60
7/28	9:00 AM	KRG-6	Kreager Park	Woodburn/Payne/Paulding A,B,D groups	18/27/47/62
7/29	9:00 AM	JMS-RC	Jefferson Middle School	Riders Choice choose 1 of 7 routes A,B,C groups	37/40/45/53/61

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B,C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

Public Service Announcement

Amy Copeland

The First Friday City Tour will not be held on July 6th but will instead be held on Friday July 13th in order to accommodate everyone's holiday travel plans (including all available ride leaders). Thank you for your understanding.

Trek the Trails 2018

Angie Quinn

Join Fort Wayne Trails and the City of Fort Wayne on these family-friendly bike rides. These are generally 6-9 miles in length, and are mostly on the trails, with some road riding and crossings. All rides begin at 6:00pm. Fort Wayne Trails will offer a "2nd Lap" ride, each week, doubling the distance to 12-18 miles. The ride schedule includes both distances. All participants ride at their own risk. Activities will continue through the summer.

Participants are asked to wear helmets and bring water along for the ride. This is a 10-12 MPH "E"-paced ride, with no one left behind. Summit City Bicycles and Fitness is a major sponsor for this program, and James Holm joins us each week with his magical fix-it kit.

Save time and increase your chances to win a bicycle at the end of the season (courtesy of Summit City Bicycles and Fitness), by pre-registering at <https://www.surveymonkey.com/r/VW8JR3Z>

Need more information? Angie at Fort Wayne Trails, at 260-969-0079 or angie@fwtrails.org

Thanks to all of our sponsors: 3 Rivers Velo Sport, Summit City Bicycles and Fitness, Don Hall's Restaurants, Visit Fort Wayne, Fort Wayne Scottish Pipes and Drums, The City of Fort Wayne, and the City of New Haven.

July Dates:

7/3 - Covington Elementary School

Meet in the Covington Elementary School parking lot at 2430 W Hamilton Rd S.

8/16 miles; 2nd Lap Ride; Leader: Angie Quinn

7/10 - IPFW

Meet at IPFW in the parking lot on the east side of the Venderly Family pedestrian bridge over the St. Joseph River. IPFW is located at 2101 E. Coliseum Blvd

8/16 miles; 2nd Lap Ride; Leader: Angie Quinn

7/17 - Lawton Park Trailhead

Meet at the gravel parking lot on the south side of 4th Street – near 250 E. 4th St

8/16 miles; 2nd Lap Ride; Leader: TBA

7/24 - Northrop Sports Lot

Meet at the parking lot near the FWCS North Bus Hub on the south side of Cook Rd – near 301 W. Cook Rd.

7/14 miles; 2nd Lap Ride; Leader: Angie Quinn

7/31 - Tillman Park Trailhead

Meet in the parking lot near the softball diamonds – near 7500 S. Hanna St

8/16 miles; 2nd Lap Ride; Leader: Angie Quinn

Meandering and Musings Ride Calendar

Mona Will

REMINDER-all MMM rides begin at 9A in July

7/2 Ride begins at Indian Trails Pavillion by the playground. Our ride host and hostess will be Darla and Zach Eigenschink. This is from their side of town and by the looks of the route they sent me, we are going to see some lovely homes and a few hills.

7/9 Ride begins at Summit City Bikes and Fitness, lead by Mona and Angie. We scouted this route earlier in the season and have a good time planned. This ride will include riding through grass, over a gravel parking lot and lots of smooth pavement. Be prepared for a little bit of everything.

7/16 Ride leaves from Foster Park. Meet at the pavilion near the golf course clubhouse. Angie will be our ride hostess. She will be showing us the loveliest areas of the 07 zip code. This was my favorite route last year and I'm so glad she's doing it again this year. Amy Williams-you won't want to miss out on this one. ;)

7/23 Rides leaves from Georgetown Square. Meet in the parking lot near Riegels Cigar store. Amy Copeland is going to take us on a ride that we will never forget. Surprises are in store.

7/30 Ride leaves from Foster Park once again. Meet at the pavilion near the golf course clubhouse. The ride is going to be a joint venture between Mona and Barbara. Barbara has offered to show us around the Waynedale area. We will be taking advantage of the trail out of the west end of the park, through the newly activated lights and crossing at Bluffton and Winchester Road that make it much more safer to cross for cyclists and pedestrians. I am quite certain a stop at "THE STAND" is part of the journey.

Racing Results

Dave McComb

Road Time Trial Series #3 - June 26, 2018 - Final Results

Place	Name	Class	Time	MPH	Place	Name	Class	Time	MPH
1	Don Cahill	M-TT	23:58	25.03	1	Scott Tomsits	M-R	26:43	22.46
2	Kyle Zelt	M-TT	24:46	24.23	2	Micheal Liechty	M-R	27:26	21.87
					3	Marty Molinski	M-R	30:13	19.86

Racing Point Series Standings

Dave McComb

Men's Place	First	Last	Team	Category	New Haven	Poe	New Haven	Poe	New Haven	Total
1	Don	Cahill	FW Outfitters	M-TT		25	25			50
2	Shannon	Branscomb	Team	M-TT	16	20				36
3	Nathan	Woods	FW Outfitters	M-TT	25					25
4	Shane	Powell	3RVS Racing	M-TT	20					20
4	Kyle	Zelt	3RVS Racing	M-TT			20			20
1	Michael	Liechty		M-R	25		20			45
1	Scott	Tomsits		M-R		20	25			45
2	Ryan	Bauer		M-R		25				25
3	Angel	Campos		M-R		16				16
3	Marty	Smolinski		M-R			16			16
4	Rob	Schweibert		M-R		14				14
Women's										
Place										
1	Diana	Schowe		W-TT	25	25				50
2	Amy	Woods	FW Outfitters	W-TT	20					20
1	Kimberly	Bee		W-R	25	25				50
Junior										
Place										

Perception is How You See It

Patrick Stelte



Patrick Stelte

Three Rivers Velo Sport

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E-mail:
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We're on the web.
www.3rvs.com



@ride3rvs



Members interact at
facebook.com/
groups/
ThreeRiversVelo-

Sport

View our rides, Face-
book.com/3rvsvideo

Life 360

Track our tours live at Ride
3RVS



The realities and perceptions of shared public space between cyclists and motorists is a Pandora's Box that can't be solved by the finality of right and wrong. Legally and fundamentally, the two co-exist. On the pavement, emotion often changes the contract and opens the door for consequences that, moments before, were not contemplated. Last month, in the span of three days, I was a part of two incidents that put me in the middle of an argument of what is allowed and what is tolerated. Perception by all parties involved played the arbitrator that, thankfully, did not end in injury or death.

The first incident happened while I was on a solo ride. I live in the Lakeside Park area and to walk out my front door, get on my bike and ride out of town, I need to navigate neighborhoods and intersections with numerous stop signs and traffic lights. Often, my routes take me through downtown. Over the years, I have figured out the safest way to do this by calculating the time of day with the traffic patterns and signal sequencing. One such route is a six block stretch on Jefferson Blvd. downtown between the West Central neighborhood and Barr Street. I have learned that the traffic lights are timed at 25 mph. If I can keep this pace, I will make all the lights before turning off next to the YMCA.

On this particular afternoon, I pushed my speed to 25 mph, and blended with traffic as I rode the left lane. Two or three cars had passed on my right, but by the time I neared the Grand Wayne Center, another car and I were maintaining the same speed and travelling parallel to one another.

A moment later, an SUV driver (straddling the white dotted line) passed between us, coming with a foot of hitting me and pushing me near the curb. The driver proceeded to tap his brakes to intimidate me. Two blocks later, the SUV changed two lanes to the right and drove away. Why did he endanger me? I had the right to use the lane. Did I infringe upon his perception of where a cyclist can ride?

Without knowing the answer I can say that my immediate reaction to his intentional behavior was outrage; however, if his desire was to stop me from doing this commute, be assured, I will continue to ride Jefferson Blvd. downtown.



The second incident happened on a club ride three days later. The Saturn group was twenty-three strong, full of adrenaline and competitive spirit. The course for the evening passed through Highway 30 twice. The first pass was uneventful, but the second was problematic for an example that can be applied to any group of cyclists crossing a highway. We came upon a red light at the U.S. 30. Normally, everyone stops. However, on this occasion, a half dozen riders assessed the on-coming traffic and started to ride through the light. I managed to stop the rest from following, but the jump of light runners caused an on-coming car to come to a stop in a lane that had the right of way at 60+ mph. This is a perfect scenario for a chain reaction accident. Fortunately, that did not happen. The riders decided they were safe to go, but like deer, the perception of the on-looker was: if one goes, the rest follow.

Safety is paramount in the daily interaction between cyclists and motorists sharing public space. We rely on respectful, courteous behavior to keep us safe and must show the same in return. Understanding how we are perceived takes effort and has no guarantee of a favorable outcome. I do my best to set an example that is predictable to fellow travelers. As a motorist, I know both sides of the debate and have, on occasion, mentally admonished bike riders for being dangerous. The old saw is, "keep the rubber side down." How to abide is the tougher accomplishment.