



Quick Release

July 2019

Monthly meetings are held the 1st Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#)

Next Meeting is Wednesday July 10th at Georgetown ACPL due to holiday schedule.

Minutes and agendas archived [here](#):

We have changed our online sign up for [membership](#) and for the [festival tour](#) for your convenience. Follow the links above to join or more information!



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Festival Tour Celebration

Patrick Stelte

The 1960s was a seminal decade of change in the U.S. and around the world. The threat of nuclear global annihilation coupled with a culture of conformity and knowing your place opened the decade. These extreme opposites set the stage for an outburst of change that still reverberates today. 1969 closed the decade with events that are still remembered today. "Man walks on the Moon" was the apex of a promise that started the decade. Woodstock stamped a musical phenomenon of creativity just as the Rolling Stones concert at Altamont signaled the end of Flower Power. The draft was instituted in 1969 to supply the ongoing war in Vietnam. Stonewall and Chappaquiddick: one word events with lasting consequences. The Boeing 747 made its debut and PBS was established and ushered in Sesame Street to generations of children. Richard Nixon was sworn in as president and Charles Manson became a household name. Sports brought us the Miracle Mets and Eddy Merckx won the Tour de France GC, green jersey and polka dot jersey on his way to being considered the greatest cyclist ever born. 1969 closed with the first successful test of the Internet by a military funded program known as ARPANET. If there was a phrase that crystalized the tumult of the decade, The Beatles found it by singing, "You say you want a revolution?"

Closer to home, the first Three Rivers Festival began in 1969. The festival was created to elevate community pride and diversity, celebrate our heritage and offer fun activities to bring people and families together. As most of you know, another germ of an idea was realized in 1969 that has lasted to this day: Three Rivers Velo Sport. The Festival and club are intertwined in a parallel history. We have grown together into regional known entities that are enjoyed by a variety of people joined in a belief of our community. Two years after the club was formed, the first Three Rivers Velo Sport Festival Tour was organized. For the last 48 years, the Festival and the Tour are synonymous.

When I think of the Festival Tour, my mind goes immediately to the volunteers that make it happen every year, a dedication to an idea that ferments with each encounter of a fellow cyclist. As president of the club, I am witness and initiator to the latest incarnation of our lasting tradition. Shortly after last year's Tour, I formed a committee to begin planning a memorable celebration to climax the celebration of our fifty year existence. I am fortunate to have long-time club members Kent and Anne Ellis lead the committee and implement changes to our start location, route, SAG stops, marketing and registration swag. Mona Will, Johnny Grabowski and Pamela Fennell have suggested many great ideas and worked hard to make them happen. I cannot thank these wonderfully dedicated people enough for their efforts. They are treasures to be





Patrick Stelte

Festival Tour Celebration

(Continued from Page 1)

noted with past club members who have made the Tour an event that reminds cyclists of our commitment to the community and fellowship.

Every few years, the Festival Tour re-invents itself from the identity of the volunteers that command the task of tradition. On July 14th, we will unveil a wing-ding for two wheels that will be memorable for the miles and smiles. Commemorative socks marking our 50th anniversary accompany your registration along with a pocket swag-bag stuffed with cycling goodies. Our noted delicious SAG food returns and new routes of adventure await. There is an axiom of riding that states, "bring a buddy" that is apt for the Festival Tour. The memories last longer when conveyed with another.

July Touring Report - Riding With Dave

Doug Wintin



3RVS Touring

I had been riding for two years and racing for one year when I first saw Dave. I was riding south on Whiteriver Parkway in Indy and he was riding north. His upper body was totally motionless and his legs moved with fluidity that I had never seen. He had the look and style of what I imagined a European pro would have. His kit was the final touch. He wore a Ti Raleigh jersey, red with yellow and black accents. And then he was gone. As fast as he had come into view he was past and down the road. The next day I made sure that I was on the parkway at the same time. Sure enough, here he came. I gave a little wave. He rode past. No wave, no look, no nothing.

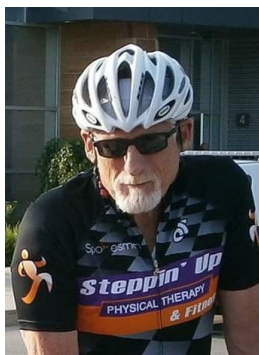
This went on for a few days. I finally decided I had to do something different if I was ever going to ride with this guy. I drove to work the next day instead of my usual bike commute and bolted out of the office at exactly five o'clock. I raced home and changed into my training kit. The kit was a pair of cycling shorts and a t-shirt from a local bike shop. I laced up my cycling shoes with the metal cleats that I had carefully nailed to soles of the shoes and off I went.

I made it to the parkway with a few minutes to spare. I rolled north a short way and then turned around and here he came! I turned around again so I was heading the same direction as the man in the Raleigh jersey. He rode up to me and said "I'm going to the Northeast side of town if you want to come." Did I want to? Absolutely!

We rode at what I considered at the time to be a blistering pace. Riding up what years later would be called Velodrome Hill (Major Taylor wasn't built yet) and through a couple of neighborhoods before making a hard turn onto Kessler Blvd. At that time Kessler was a major east-west artery on the north side of town. Hitting Kessler was evidently the signal to give it full gas. I thought we were already doing that! The Raleigh man accelerated away without even a twitch. His legs were suddenly turning 15 or 20 rpm faster. I jumped out of the saddle and thrashed my bike for all it was worth. I slammed the downtube shifter forward and slowly crept back onto his wheel. We continued at this pace as we crossed Meridian, Delaware, Keystone and Binford Blvd.

He turned on to Emerson Way and into a neighborhood. He slowed at this point and said "My street is coming up. See you tomorrow." With that he was gone. The whirlwind ride was over and I headed for home. You can believe I stayed off of Kessler!

Over the next few years I came to know him very well. He showed me how to smooth out



Doug Wintin

Weeknight Rides

Monday

Monday Meanderings & Musings TBD

Location varies, check 3rvs.com weekly for start locations
Pace 10-15 mph

Grabill Ride 6:00 PM

Dates: 7/1, 7/15 & 7/29
Sauder Feed 14033 Grabill Rd.
Every other Monday Starting 5/6
Distance: 28 miles
Pace: 16-19 mph

Franke 6:30 PM

Learn basic off road riding techniques. Meet at the trailhead parking lot. Respect the Trails - Stay off when condition pose a threat of damaging the trail.

Tuesday

Kreager Ride 6:00 PM

Kreager Park 6400 N. River Rd
Meet near the Tennis Courts
Distance: 28 miles
Pace: 13-15 mph

Skills Dev Tour 6:00 PM

Jefferson Middle School
5303 Wheelock Rd. Ft Wayne
Distance: 24-42 miles
Pace: 18-20 mph

Wednesday

Saturn Ride 6:00 PM

Saturn Church, 6731 E 800 S Whitely Co. (1 mi E of Allen Co.)
Distance: 25-27 miles
Pace: 20+ mph

Rogue Ride 6:15 PM

Arcola & Wayne HS (Varies weekly)
Distance: 20-36 miles
Pace: 15-17 mph

Thursday

Urban Exploring 6:00 PM

Johnny Appleseed Park
(near the north playground)
Distance: TBD
Expect some off-roading

Girls Ride Out 6:00 PM

Roanoke Park, Corner of Seminary & 8th Street, Roanoke, IN
Distance: 20/25 miles
Pace: 14/15 mph

Riding With Dave

(Continued from Page 2)

my pedal stroke and how to keep my upper body still. He taught me how to do Dutch Intervals (which are killers) and his stop light intervals (which I do not recommend). But the time I enjoyed the most is when he would tell me about racing in Europe or competing for a spot on the 1960 Olympic Team.

So who is the Raleigh man? His name is Dave Blasé. His college roommate wrote a pretty successful screenplay based on Dave's life story. Yep, Dave Blasé was the basis for the Dave Stoller character in the movie "Breaking Away." Dave is still riding today at age 84.

July Touring Schedule

Date	Time	Map	Start At	Destination/Pace Groups	Distance
7/6	8:00 AM	NHS-4	New Haven HS	Hicksville/Spencerville/Harlan/Grabill A/B/C/D Groups	18/31/39 48/63
7/7	8:00 AM	LME-1	Lafayette Meadows ES	Wilshire/Decatur/Ossian A/B/C Groups	22/35/63
7/13	8:00 AM	CHS-9	Carroll HS	Merriam/Churubusco A/B/C Groups	37/45/54 63/67
7/14	8:00 AM	Special	Festival Tour	FUN Grouped by Distance	20/40/62 100
7/20	8:00 AM	WHS-3	Carroll HS	Huntertown/Ossian A/B/C Groups	19/33/44 55
7/21	8:00 AM	KRG-3	Kreager Park	Antwerp/Cecil A/B/C/D Groups	25/45/65
7/27	8:00 AM	ARC-1	Arcola ES	Pierceton/Larwill/Columbia City A/B/C/D Groups	21/34/57 60
7/28	8:00 AM	HTN-5	Huntertown ES	Roanoke/Huntertown A/B/C Groups	22/38/55

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B,C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

Kreager A Ride 6:00 PM

Kreager Park 6400 N. River Rd.
Distance: up to 40 miles
Pace: 20+ mph

Short N' Sweet 6:30 PM

Sweetwater Sound
Distance: ~25 miles
Pace: 16-19 mph

First Friday each Month

City Tour 6:30 PM
Lawton Park, east end of parking lot
Distance: 8-10 miles
Pace: 10-12 mph

3RVS Racing

Dave McComb

Road Time Trial Series #2 - June 4, 2019 - Final Results

Place	Name	Class	Time	MPH	Place	Name	Class	Time	MPH
1	Gary Painter	M-TT	21:41	27.67	12	Don Cahill	M-TT	24:48	24.19
2	Ben Hopper	M-TT	22:20	26.87	13	Denny Zech	M-TT	25:12	23.81
3	Gregg Ness	M-TT	22:26	26.75					
4	Nathan Woods	M-TT	22:35	26.57	1	Dan Painter	M-RD	26:26	22.70
5	Jon Hale	M-TT	22:54	26.41	2	Scott Tomsits	M-RD	27:36	21.74
6	Asher Scott	M-TT	22:54	26.20	3	Micheal Liechty	M-RD	27:49	21.57
7	Paul Mowery	M-TT	23:39	25.37	4	Drake Stafford	M-RD	28:11	21.29
8	Kevin Crews	M-TT	24:17	24.71					
9	Graham Wedeven	M-TT	24:36	24.39	1	Amy Woods	W-TT	26:48	22.39
10	Hugh Smith	M-TT	24:40	24.32	2	Nancy Lichtensteiger	W-TT	31:14	19.21
11	Tim Donofrio	M-TT	24:47	24.21					

Monday Meandering and Musings Schedule

Mona Will

Rogue Ride first:**July 3, July 10** - Arcola Elementary School 615P departure time (parking lot of the school)**July 17, 24, 31** - Tillman Park 615PM departure time (parking lot that is adjacent to tennis courts)**Monday Meandering and Musings next:****June 24** - Kreager park meet at the parking lot that is straight ahead as you enter the park. Look for cars with bike racks and ladies standing around with bikes. We leave at 10A.**July 1** - Lawton Park trailhead located just slightly east of the skate park. Angie Quinn will be our ride leader this ride. Be prepared to marvel at some interesting facts about our forefathers and foremothers.**July 8** - Concordia Seminary. Park at the Martin Luther statue as you enter the campus from North Clinton. Ride will be around 10 miles. I'm going to offer an additional "good neighbor/friend" after ride loop. This will be about an additional 5 miles round trip.**July 15** - Lawton Park (YES again because there is so much to explore from this starting point) Kathi Hoch Heyes will be the leader for this jaunt to places unknown. She knows where she's going, all we have to do is follow.**July 22** - Lawton Park with Amy Copeland who will be showcasing the city's art scene.**July 29** - Summit City Bikes-park in the side parking lot or just ride in. City meandering all over the place. After ride experience of trying out an ebike to see what's all the rage in cycling in Europe and other parts of the US. (pending final arrangements with SCB)

All rides will OF COURSE include mid-ride snack and beverage stops at riders expense.

Michigan State Destination Ride

Jenifer Altherr

Please join us Saturday, July 20 for a destination ride featuring trails near Michigan State University.

Ride Leaders: Amy Copeland & Andrea Egeland featuring host Denise Egeland
Meet: 8:00 AM Saturday, July 20 at AMC Theater on 3930 E Dupont, Fort Wayne for carpooling.

Drive to: Valhalla Park trailhead in Holt Michigan - 4000 Valhalla Park, Holt MI 48842

Bikes: Any type of bike will work as the trails are paved. Helmets are required for all club rides.

Pace: Leisurely 10-12 MPH

Distance: 25-35 miles, depending on how much riding vs sightseeing the group wants to do

Trails: Valhalla Trail, Sycamore Trail, Lansing River Trail

Denise Egeland will be our tour guide on bike trails and sites around the Lansing Michigan area. She is tentatively setting up a MSU dairy tour for us. Bring some spending money as you'll want to have some tasty MSU ice-cream and chocolate cheese!

After the ride everyone is invited to a barbecue (see RSVP info below!) at Denise's house, and her neighbor has offered to show his bee hives. For those interested in spending the night after the barbecue, Denise is graciously offering her home and camping if you bring a tent.



Three Rivers Velo Sport

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We're on the web.
www.3rvs.com



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