



Quick Release

March-April 2021

Monthly meetings are held the 1st Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#).

Next Meeting is April 1st

Minutes and agendas archived [here](#):

We have changed our online signup for [member-ship](#) for your convenience. Follow the links above to join or more information!



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2020 September Touring Challenge Report

Johnny Grabowski

With early signs of Spring all around, and more and more indications that the 2021 cycling season won't be completely overshadowed by the pandemic, I am thrilled to have so much to look forward to. That said, there's some important business to attend to:

Save The Date - Sunday, April 11

Please watch your email for upcoming details of a different kind of **Annual Awards Banquet** that we are planning for **Sunday, April 11th** to replace the January event that was canceled due to the pandemic.

Notice of Open Touring Director Position

If you've always dreamed of leading Three Rivers Velo Sport's touring program, this is your chance to express your interest. Anyone interested in being considered for the **3RVS Touring Director** position should **email me** (at president@3RVS.com) **no later than March 31st**, as we hope to fill the position at the next 3RVS monthly meeting on April 1st.



Johnny Grabowski

The duties of the 3RVS Touring Director include (but aren't limited to):

- Set schedule and select routes for Weekend Tours
- Communicate Weekend Tour schedule to the 3RVS Social Media Director for posting on the 3RS website
- Coordinate development of new routes and changes to established routes
- Coordinate Ride Leaders for Weekend Tours
- Attend and participate in monthly 3RVS board meetings
- Approval of touring-oriented 3RVS Weekday Ride offerings

Thank you to Shane Powell, who has resigned, for his service as 3RVS Touring Director. Thanks also to Michael Souers, who I have appointed to perform Touring Director responsibilities in the interim.

First Friday City Tours

Amy Copeland

Spring seems to have finally sprung! We are looking forward to more pleasant riding temperatures for evening rides and after testing the waters last month it looks like Jennifer and I are ready to reinstitute the regularly scheduled first Friday rides. I know it's Good Friday, but Friday April 2nd still sounds like a great evening to ride! We will have some prizes and surprises for sure on this one so don't miss out. The new parking lot construction is done so we will once again have our rides meet up at 6:30 at the Lawton Park trailhead on the south side of 4th street. For now "socials" afterward will be "on your own" as there are still dining restrictions in place, which make it difficult for group seating. We look forward to seeing everyone on this casual paced, any bike, fun in town ride!

Destination Rides - 2021 Style

Amy Copeland

By now many are wondering when the 2021 destination ride schedule will be out or if the rides will be held. Your wait is over. We will be holding the rides again this year, but unlike last year when we made an entire schedule and had to toss most of it out, thanks COVID, we've decided to plan this year month by month in order to accommodate the ever changing travel and dining restrictions for different counties and the occasional out of state travels.

The first in this years series of destination Rides will be the always popular Nickel Plate Trail on Sunday May 16th. Details are as follows:

Nickel Plate Trail Destination Ride led by Amy Copeland and Jennifer Altherr

When: Sunday, May 16, 2021

Meet: 7:45 AM at Starbuck's 5723 Coventry Fort Wayne to carpool with those who feel comfortable to the Peru Trailhead on N Walnut Street in Peru where it dead ends one block North of 7th St. If you prefer to meet at the trailhead, plan to be there and ready to ride at 9:15 am.

Bring: Spending money, helmet, your camera and a bike lock if you have one.

The ride: We will ride the on the southern part of the fully paved Nickel Plate Trail and connect to Kokomo's Industrial Heritage Trail. Total mileage for the tour will be just under 40 miles and it should be fully paved unless we encounter construction. Lunch stop will be the half way turn around point at the Foxes Trail on 305 South Main Street in Kokomo.

Pace: Leisurely 10-12 m.p.h.

Return: Although we hope to be home in time for dinner, due to the social nature of this event we can't make any guarantees.

For more information on the trail:

<http://www.nickelplatetrail.org/>

http://www.cityofkokomo.org/.../industrial_heritage_trail...

If you have any ideas of trails you would like to ride this season or wish to be a guest co-leader please contact either Amy or Jennifer.



April Touring Dates

Michael Souers

| Date | Time | Map | Start At | Destination/Pace Groups | Distance |
|------|----------|-----------------------|-----------------------|---|-------------|
| 4/17 | 11:00 AM | ROA-2 | Roanoke Park | Huntington/Andrews Groups TBD | 14/32/43/53 |
| 4/18 | 11:00 AM | NHS-1 | Homestead High School | Monroeville/Woodburn Groups TBD | 17/33/44/50 |
| 4/24 | 11:00 AM | HTN-4 | Huntertown Elementary | Kendalville/Avilla/LaOtto Groups TBD | 33/44/51 |
| 4/25 | 11:00 PM | WHS-3 | Wayne High School | Huntington/Ossian Groups TBD | 19/33/44/55 |

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B,C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

Monday

Franke **TBD**

Continuing Soon

Monday Meanderings & Musings **TBD**

Location varies, check weekly for start locations

Pace 10-15 MPH

Covington Elementary **TBD**

Last Ride April 5th

2430 W. Hamilton Rd. S

Distance: 25 miles

Pace: 17-18 MPH

Tuesday

Trek the Trails **Starts April 27th**

Start Varies

Distance: TBD

Pace: 10-13 MPH

Kreager Ride **TBD**

Kreager Park 6400 N. River Rd

Meet near the Tennis Courts

Distance: 28 miles

Pace: 13-15 MPH

Skills Dev Tour **TBD**

Off Season Rides start soon, check Facebook for Ad Hoc Times

Jefferson Middle School

5303 Wheelock Rd. Ft Wayne

Distance: 24-42 miles

Pace: 18-20 MPH

Wednesday

Saturn Ride **TBD**

Saturn Church, 6731 E 800 S Whitley Co. (1 mi E of Allen Co.)

Distance: 25-27 miles

Pace: 22+ MPH

Rogue Ride **TBD**

Start Location Varies

Ad-hoc rides starting soon.

Thursday

Girls Ride Out **6:00PM**

Over for the Season

First Friday each Month

NEIC Trailblazers Update

Ray Vasquez

So one thing we are very excited about is that our youth mountain bike race at Franke Park on August 15th has been approved and is on the race calendar! As far as we know this will be the first youth only mountain bike race held in our area. We are expecting riders from many neighboring states to attend as this race will also offer USCF points to riders trying to qualify for National events as well. We also just opened our team registration this month on March 1st and we expect to get back 30+ returning riders this year and as of now we have another 10 potential riders on our "prospects" list. All of our registered riders will be 3rvs members as well so expect to start seeing new faces at 3rvs events. The team trailer and spare bike fleet is ready to roll thanks to the 3rvs club members, local bike shops and multiple donors who helped make it a reality. We're excited to get the season started and some of us have already gotten in some rides and some have even raced! A few of our parents have stepped up and gotten themselves bikes and offered to be ride leaders/sweeps this year. Thank you parents and thank you so much to everyone who has helped to make this even more of a success!

(Below is a testimonial from one of the junior racers)

My Mountain Bike Experience

Jakob Dye

My experience being on a mountain bike team is very positive. The coaches are patient, helpful, the teammates are fun, and it's better than riding your bike alone.

In my earlier rides I was very inexperienced and afraid of a lot of obstacles. My later rides I had learned a lot more skills, upgraded my bike, and had become more confident in myself.

I feel that I have improved upon everything from endurance to skills and even knowing more of the trails!

There is still a lot I need to improve on, such as becoming stronger, increasing my endurance, and improving on my mountain bike skills.

My favorite things about mountain biking are, that it's a very exhilarating sport and unlike many other sports there is no physical contact required. I enjoy the dynamics of being on a mountain biking team, being a solo sport as well as a team sport. It's also an amazing feeling to finally conquer an obstacle or trail.

My favorite park is Morches Park, because there is quite a few fun down hills and also where I had my first mountain bike experience.

Some of my future riding goals include, getting better at bike maintenance and competing in some races.

All in all I would say if you enjoy mountain biking you should definitely join a team (if you haven't already).

City Tour **6:30PM**

Lawton Park, east end of parking lot

Distance: 8-10 miles

Pace: 10-12 mph

Monday Meanderings and Musings Schedule Kathi Hoch Heyes

Here is the Meandering Schedule for April. All rides start at 10 AM and are weather permitting at the discretion of the ride leaders. Updates will post on the Meanderings Page.

April 12th: West Foster Park by the soccer fields
Ride Leader: Angie Quinn

April 19th: Girl Scout Office 10008 Dupont Circle Drive East
Ride Leader: Amy Copeland

April 26th: Lawton Park
Ride Leader: Kathi Heyes

Three Rivers Velo Sport

3RVS
P.O. Box 11391
Fort Wayne, IN 46857-1391
E-mail:
newsletter@3rvs.com

We're on the web.
www.3rvs.com



@ride3rvs



Members interact at
[facebook.com/
groups/
ThreeRiversVelo-
Sport](https://facebook.com/groups/ThreeRiversVeloSport)

View our rides, Face-
book.com/3rvsvideo



Life 360
Track our tours live
at Ride 3RVS

Ride Safe, Don't Forget the Helmet

Amy Copeland

Three Rivers Velo Sport riding guidelines require riders to wear helmets for all rides regardless of age, but its good practice to wear one any time your ride. Studies also show that a red flashing tail light on the back of your bike makes you more visible to motorists even during the day and local laws require a white front light and flashing rear light when- ever riding on roads after dark. Please don't let the expense of a helmet or other safety items deter you from riding. The Parkview Safety Store offers low cost adult and chil- dren's helmets as well as other items.

Parkview Safety Store
1818 Carew Street, Suite 140, Fort Wayne
Hours: Tuesdays, 10 a.m. – 1 p.m. and 4 – 7 p.m.
Call [\(260\) 373-7201](tel:2603737201) for more information.

Visit Parkview's Safety Store for the following safety-related items.

- Selling and fitting helmets (toddler through adult sizes) \$10/each
- Share the road apparel as well as Bike lights, water bottles, t-shirts, reflective vests, head lamps, air fresheners
- Don't text and drive apparel including T-shirts, sweatshirts, polo, ball caps, winter beanie's, water bottles, wrist bands, key chains, air fresheners, and lanyards
- Bicycle/pedestrian road safety supplies
- Brochures for Don't Text & Drive, Share the Road, how to prevent falls and more

