



# Quick Release



A publication of 3 Rivers Velo Sport Inc. Founded in 1969, 3RVS is an LAB, ACA and IMBA affiliated club, & member of the IBC, USCF, ABR, and NORBA. *Quick Release* contains current and planned club biking activities and is distributed to all members. Submissions are due by the 10<sup>th</sup> of each month.

May 2001

The Bicycle Bulletin Board

Issue 2001.05

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### May Quote:

"Just get on your bikes and ride!"

*Freddy Mercury*

## 4th Annual Y Bike at Nite

The Youth Service Bureau, a branch of the YMCA of Fort Wayne announced the **4th Annual Bike At Nite** will be held on **Saturday, May 19**. The ride starts at Headwaters Park on the east side of Clinton St. in downtown Fort Wayne. Parking is on the south side of the street.

**Registration is from 7:00 - 8:45 PM with the ride beginning at 9:00 pm.**

This fund-raiser for the Youth Service Bureau is a 15 mile police escorted bike ride through scenic downtown Fort Wayne. There is a rest stop along the route and snacks and beverages will be served at the end of the ride. Preregistered entry fee is \$12 per person / \$24 per family; \$15 / \$28 - Night of Event registration.

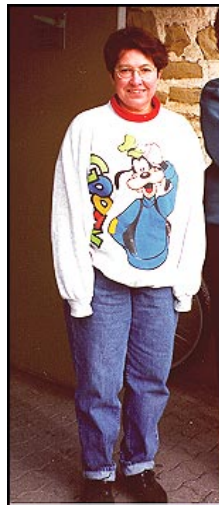
Come out for this great ride! **For more information, please call 219-449-7511.**

## Meet The Challenge

### May Program Preview

Brochures come out every Spring for week-long bike rides that sound like so much fun, but very challenging. One of our members, Susan Hunt, has met the challenge of numerous week-long rides. And, she has had a blast doing it.

Susan will present a program on week-long rides at our next Club meeting at 7:30 p.m. on Thursday, May 3, at First Wayne Street United Methodist Church. She will give us the insider's view of this type of riding—what week-long rides are available, how she trains and tips on what to take along on these rides.



Susan did three week-long rides last year and plans to do three again this Summer. Last year, Susan did a week-long ride in Wisconsin and another in the Finger Lakes area of New York. She also rode the Fall TRIRI (Touring Ride in Rural Indiana), which several other members of our Club participated in as well.

This year, Susan plans to do a different week-long ride in Wisconsin, one along the western shore in Michigan and the Fall TRIRI again. In the addition to the rides she did last year, Susan has done the Summer TRIRI twice. She has ridden in every Fall TRIRI since the ride was offered, three times to date.

Susan says most week-long rides are for six to seven days. The mileage varies with the average being between 350 to 450 for the week. The daily average normally is from 50 to 70 miles a day. The ride she did in New York last year had fewer miles, Susan said, maybe in the 40's per day. However, the trade-off was the cyclists had to climb mountains.

A member of 3RVS since 1995, Susan is one of the most active members in our Club. She routinely takes part in Club rides and always is volunteering her time for the Club. Susan served as Club Touring Director in 1997 and 1998.

Susan chaired the Three Rivers Festival Tour in 1997, 1998 and 1999. Last year, she was Food Chair for the Festival Tour, a job she is undertaking again this year. Susan also has chaired Chilly Challenge for the past four years. And, if this isn't enough, Susan serves as the unofficial keeper of the Club storage facility and inventory.

Susan's talents include too being a cook extraordinaire. She often brings samples of her outstanding cooking to Club meetings. In her day job, this busy and active 3RVS member is Manager of the Aboite Branch of the Allen County Public Library.

Please plan to attend the meeting on May 3 to learn from Susan about week-long rides.

*Karen Walker*

## President's Message



The cycling season has started in earnest now. Hopefully, by this time, you have attended some of the Club rides, either on weekends or one of the weeknight rides we offer. At one Club ride I attended recently, I noted we had a paceline that was, well, a bit "ragged." This often happens at the beginning of the season until we get into the swing of riding again.

I certainly am not an expert at paceline riding. In fact, only within the last few years have I attained a speed that I could keep up with any paceline for more than about a mile. However, I have some understanding of the basics of paceline riding because of the kindness of other 3RVS members who took the time to teach me.

I would ask all of you riding in a Club paceline, over and above everything else, to ride predictably. As best you can, ride a straight line. You need to do this because of all of those riders behind you who are expecting it. Keep good control of your bike and be very aware of what is going on around you.

Generally, try to hold a steady pace while riding in the paceline. When you get to the front, or when someone is pulling off, don't increase your speed. If you increase your speed, you probably are going to drop me; and I will let you know about it. When riding in a double paceline as we often do, the person on the right pulls off to the right and the person on the left pulls off to the left. Decrease your speed slightly when pulling off and let the paceline ride through.

Don't follow the cyclist in front of you too closely in case he or she didn't read the part about riding predictably. But, be careful not to leave a big gap either. If you leave a big gap and I am behind you, the above applies about dropping me and hearing about it. In a double paceline, resist the temptation to ride three abreast while talking to your best friend. This confuses people like me. Also, unless you are really sure of yourself, don't drink from your water bottle at the front of the paceline.

Often on Club rides, I have noticed that those in front take the corners or cross intersections pretty fast, screwing up the paceline particularly if someone like me wants to check for traffic so as not to get killed. Also, the paceline often gets broken up on a big hill like those on the Festival Tour route. It would be courteous for the group to slow some after a turn or big hill and let everyone get back on. Now, I know you faster people are saying I should have been able to keep up on the hill, but if I generally can keep up except for this one hill, give me a little break please.

And, if you are first out of the parking lot, don't take off at breakneck speed. Let's warm up and keep everyone together at least for a little while. If you have any questions about paceline riding, ask someone. Most Club members are more than willing to answer questions and assist you.

*Karen*

## Thanks Kathy, Good Job!

I am sorry to report that Kathy Boling has resigned as 3RVS Touring Director. Kathy is unable to continue in the Touring Director position due to other obligations. However, Kathy has not resigned without finding a replacement for herself. Kathy has nominated Doug Myers to fill the Touring Director position on the Board of Directors.

In accordance with the Club Constitution, an election will take place at the Club meeting on May 3 to fill the vacancy created by Kathy's resignation. The meeting will be at 7:30 p.m. at First Wayne Street United Methodist Church. Any member may nominate himself or herself or another member in good standing to fill the vacant position. Nominations may be made by contacting me or at the Club meeting.

Doug Myers has been active in 3RVS for the past year and has been involved in cycling for several years. Doug is co-chair for this year's May Madness. He lives in Huntington, where he is a frequent visitor to the mountain bike trails at Huntington Reservoir. He also participates regularly in road riding on Club rides.

Thank you, Kathy, for the many contributions you have made to our Club both last year and this year as Touring Director. Not only did Kathy coordinate the touring rides, she contributed invaluable insight to the Board of Directors. In addition, Kathy made presentations at Club meetings both this year and last.

Kathy has contributed a great deal to our Club over the many years she has been a 3RVS member. She will be greatly missed as Touring Director and on the Board of Directors. Good luck, Kathy, in your other pursuits.

*Karen*

## May Touring Schedule

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Start Location/Destination</u>	<u>Map</u>	<u>Distance</u>
Saturday	5/5	9 AM	Leo/Spencerville	LHS-5	26/44/50
<i>May 5 is a Breakfast Ride...meet the 'Sociables' for a comfortably paced ride</i>					
Sunday	5/6	9 AM	Carroll/busco/Merriam/Ormas	CHS-3	23/39/54
Saturday	5/12	7 AM	Wayne: May Madness	marked	11/30/43/63
Sunday	5/13	9 AM	Homestead/Roanoke/N.Manchester	HHS 6	21/37/65
Saturday	5/19	9 AM	New HavenH.S./Woodburn/HicksvilleNHB-5		17/36/59
<i>May 19 is a Breakfast Ride...meet the 'Sociables' for a comfortably paced ride</i>					
Sunday	5/20	9 AM	Arcola/C.City/N.Webster	ARC-2	24/40/55/63/75
Saturday	5/26	9 AM	Huntertown/Waterloo/Hudson	HTN-7	47/61
Sunday	5/27	9 AM	Dana/Churubusco	DCU-5	15/37/44
Monday	5/28	8 AM IN time	Hicksville Hundred Tour	special	55/100

### Ride Sociably with the Sociables

Join the Sociables for a leisurely-paced ride on Memorial Day, Monday, May 28. This group rides an easy 10-12 mph pace, and like to eat and socialize!

Meet at 9:00 am at Grabill Community Park at the end of N. Main St. in Grabill. We will do a loop of approximately 25 miles in the surrounding countryside dotted with Amish farms. Once back in Grabill, we'll sample the fare at the Grabill Inn.

**Calling all Sociables!** Ride leaders/route planners are wanted to make this season's rides as enjoyable and memorable as the 2000 season rides. If you have a favorite route you'd like to share, or have ideas for a new route to develop, please let us know. Remember, this group likes scenic routes, discovering new towns, visiting tourist/historic places, and loves to eat.

The rides may start in Allen or nearby counties, or even Ohio. Keep in mind the deadline for newsletter information is the 10th of the month preceding the ride. Questions? Ideas? Call or e-mail Barb Pontius (485-5187, [bhpontius@aol.com](mailto:bhpontius@aol.com)) Cheryl Mathews (483-8733, [cmathews@acl.lib.in.us](mailto:cmathews@acl.lib.in.us)).



### Tuesday Two-fers: Evening Touring Rides

Once again 3RVS will have touring rides on Tuesday evenings at 6 pm from Carroll High School, located at 3701 Carroll Rd. But this year, there will be TWO groups!

**One group** will typically average 18-20 mph and are approximately 20 or so miles long. We had a nice group of regulars last year, many who were not regulars when the season started.

So if you're not quite ready to do the race rides, but still want to get an intense group ride in during the week, stop on out and give these rides a try! Come out for an early lap at 5:30 pm if you'd like to get a few more miles in.

**The other group** will also meet at 6:00 pm from Carroll High School. This group, led by **Diane Mardoian**, is more for tourists who average 12-15 mph.

In the coming months, Diane's group will consider switching back and forth to a northeast location to accommodate riders living on the northeast side of Fort Wayne. For more information, call Diane at 219-497-9740 or email her at [velowoman@aol.com](mailto:velowoman@aol.com).

*Wednesday Saturn Rides, Next Page*

### Bike Rides in Indiana and Surrounding Areas

<http://www.cris.com/~mheyes/bikeIN/bikeIN.shtml>

<u>Ride Name</u>	<u>Date</u>	<u>Mileage</u>	<u>Location</u>	<u>Further Info.</u>
Park County Covered Bridge Tour	May 5	10 - 40	Rockville, Indiana	765-569-3430
Harmony Hundred	May 5-6	16/50 miles/day	Harmony, Indiana	812-682-3453
Little River Tour	May 19	9 - 63 (4-routes)	Hopkinsville, Kentucky	207-885-0613
Orchard Country Bicycle Tour	May 20	15/30/50	LaPorte, Indiana	219-362-4200
Morse Lake Metric Century	May 20	15/35/62	Cicero, Indiana	317-923-5317
Horsey Hundred	May 25-27	30-100	Georgetown, Kentucky	<a href="http://www.bgcycling.org">www.bgcycling.org</a>

## Hicksville Hundred - May 28

The 21st Hicksville Hundred will be held Memorial Day, May 28th. Last year's HH was the "best ever" according to several of the participants so we are planning a repeat of the route and sag stops. The route will take riders through the scenic lake country of northeast Indiana.

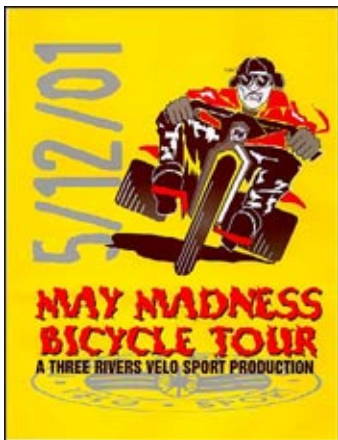
100 mile riders will leave at **8 am Indiana time** from the Hicksville Building Loan parking lot. 55-mile-riders can join the 100 mile riders at the first sag stop in Ashley, Indiana at approximately 10 am. Both routes include a lunch stop at Wall Lake, near Orland.

**Directions: 100 mile start** - From Ft. Wayne, take Indiana Route 37 through Harlan, IN to Hicksville, Ohio. **Note that Route 37 becomes Ohio Route 2.** The Building Loan Bank is at the second traffic light on the near left corner.

**Directions: 55 mile start** - The first rest stop and half century start is just south of the corner of DeKalb CR23 and the County Line Road. Take I-69 to the Ashley exit, turn left, and proceed west through town. County Road 23 is the first intersection out of town. Turn left and the Leas farm is immediately on the right.

## Please, Please Weather Channel, No Wind For May Madness

Our own tour, May Madness, is scheduled for, Saturday, May 12, at Wayne High School. The cost for the ride is a very reasonable \$5. Registrations must be in by May 1 if you want to be guaranteed a really cool T-shirt at a cost of only \$12.



The ride tradition has been for May Madness weather to be nice, but windy. This year May Madness Chairs Mike Bedwell and Doug Myers are trying really hard to reduce the wind velocity just a bit for the ride. Should they accomplish this goal, we expect an even better attendance at May Madness this year than in the past.

Doug and Mike need several volunteers to help with the ride. They are planning short shifts, so you will be able to ride in addition to volunteering. Contact Doug at [maymadness@3rvs.com](mailto:maymadness@3rvs.com) or phone(219) 359-8621 to volunteer.

You will be rewarded for volunteering by knowing you contributed to your Club. You also will be rewarded by being able to ride May Madness without charge and getting a T-shirt at cost as long as you volunteer before May 1, when Mike Heyes has to turn in the T-shirt order. And, working at May Madness will be fun.

And don't forget, the Indiana tandem group, HOOTs will be out in force in conjunction with the May Madness ride. HOOTs is a state-wide organization to promote and support tandem cycling in Indiana, and they have selected May Madness as one of their HOOTs gathering rides!

Contact Kent Ellis or Anne Stratton for information about HOOTs or additional HOOTs rides by calling 219-482-2845 or send an email to [EllisStrat@aol.com](mailto:EllisStrat@aol.com). I'll see **YOU** there!



## Saturn Rides Start With A Bang!

The Saturn weeknight touring rides began this season with a bang, literally. That is to say, one of our group added to the normal excitement generated at Saturn with a blow out flat on the first official Saturn ride of the year.

To the inexperienced, the bang might have generated some apprehension we were getting in the way of someone's target practice. But the regular Saturn riders knew well what that bang meant. That is because we had considerable experience last year at Saturn with the cyclist's four-letter word that begins with "f."

Unfortunately, Mike Bedwell wasn't at the first ride of the season. So, we had to deal with the flat on our own. Mike got very good last year at changing the flats several of us continued to have. I'm sure Mike will be at most of the rides this year, though, just in case this happens again.

Saturn rides are at 6 pm on Wednesday evenings beginning at Saturn Christian Church. The Church is on 800 South, just across the county line in Whitley County. We do a quick touring pace, 15 to 16 miles per hour, and try to ride around 20 miles. If you would like to join a really fun group of cyclists, come out to Saturn next week.

Contact Susan Hunt at [smhunt@concentric.net](mailto:smhunt@concentric.net) or call Susan at 219-424-2030 for more information. *Karen*

### Weekday Training Rides

Tues	5-1	5:45	Harding H.S.	Circuit Race
Weds	5-2	5:45	Homestead H.S.	Easy recover
Thurs	5-3	5:45	Club meeting	Mellow
Tues	5-8	5:45	Flaugh Rd.	Circuit Race
Weds	5-9	5:45	Jefferson M.S.	Easy recover
Thurs	5-10	5:45	Homestead H.S.	Huntington
Tues	5-15	5:45	**GM course	Circuit Race
Weds	5-16	5:45	Flaugh Rd.	Easy recover
Thurs	5-17	5:45	Wayne H.S.	Decatur
Tues	5-22	5:45	Jefferson M.S.	Circuit Race
Weds	5-23	5:45	Wayne H.S.	Easy recover
Thurs	5-24	5:45	Flaugh Rd.	Col. City
Tues	5-29	5:45	Wayne. H.S.	Circuit Race
Weds	5-30	5:45	Harding H.S.	Easy recover
Thurs	5-31	5:45	New Haven H.S.	Payne,OH

\*\* For 2001 season, the Monson Church course will be called the GM course and instead of parking at the Monson Church, we will park along the road 0.6 mile southwest of there. Ground has been broken for something close to that course's finish line, hopefully a commercial building that we could use for parking.

### May MTB Races

13, Indiana, DINO MTB Race Series  
28, New Philadelphia, OH, Beans Mountain Bike Series #1

### May Road Races

5, Indianapolis, Indiana Race Series  
5, Munroe Falls, OH, Races At The Lake  
6, Mooresville, Indiana Race Series  
12, Winamac, IN, Tippecanoe River State Park Road Race - Indiana Race Series  
13, Brecksville, OH, Chippewa Creek Road Race  
13, Dayton, OH, Newmark Center Cycling Classic  
19, New Albany IN, Tour Da Vinci - part of the Hoosier Cup  
20, Indianapolis IN, Bulldog Criterium - part of Hoosier Cup  
20, Kokomo IN, Kokomo TT Series - part of Hoosier Cup  
23, Harrison County, Indiana, Southern Indiana TT Series

### Race Results

#### April 8 Greencastle Indiana (Hoosier Cup)

Masters 35+ J.Bartels DNF  
R.Vasquez DNF

HEY!! Guess what we learned? The guys in this race did NOT sit on the couch too much last winter. **Ouch!** They were fast, but we'll be back. **Almost everyone of the races that you could be interested in can be found online at [www.truesport.com](http://www.truesport.com)**

### Mountain Biking in the Hoosier National Forest

A short drive to southern Indiana will bring you to some of the nicest MTB trails in Indiana. The following descriptions are for a rider of intermediate ability. Best riding is in June, September and October. Ticks are common anytime the leaves are green. Trails are shared with hikers and horses, so please be considerate. I will try to present at least one trail description monthly.

#### German Ridge

Location: About 20 miles east of Tell City in southern Perry county.  
Length: 22 miles laid out in a ladder style, so it's easy to do bigger or smaller loops.  
Skill Level: Easy to moderate; much of the trail has been widened and flattened to better accommodate horses (yuk).  
Aerobic Level: Easy to moderate with frequent climbs, a few of which are difficult.  
Description: The south end is little more than a gravel lane through the woods. Some good singletrack at the north end. Watch for horses, especially on the south end.

#### Hickory Ridge

Location: About 20 miles northeast of Bedford, just south of Lake Monroe.  
Length: 43 miles, but it's a spaghetti bowl of trails, so other distances are easy to find.  
Skill Level: easy (if you stay on the ridges) to difficult (if you head for the ravines).  
Aerobic Level: Easy on the ridges to extreme on the hills.  
Description: Lots of horses, but lots of trail, too, so manure (yuk) and hoof divots dwindle quickly as you move away for the parking area. Mostly singletrack.

### Letter To The Editor

The article entitled "Sometimes I Forget" in the March newsletter made me think of a special person - Don Waggoner. Many years ago, for my first long ride to Bear Creek Farm, south of Decatur, I showed up on my Giant mountain bike.

I remember it being a very windy day, and because I was new to riding and hauling a heavy bike, I was soon dropped.

But, Don Waggoner dropped back and rode with me the entire 45+ miles to Bear Creek. I doubt if we averaged more than 10 mph that day.

If not for Don, I doubt that I ever would have come back to a Club ride. So, after all these years, I just want to say, "Thank you Don!"

*Diane Mardoian*

## May Fat Tired Rides

May is a great month to get out on the trails. (One of twelve great months, actually.) Many wild flowers and trees are in bloom and the warming temperatures are a sure cure for any leftover winter blahs. Here's what we've got planned:

**Saturday, May 5 — Real Off Road** Our excursion to Huntington Reservoir last month was cancelled due to excessive mud. Join us for a "make up" session. Meet at Meijer on Illinois Road at 9 AM for carpool or at the North Observation parking lot at 9:45.

**Saturday, May 12 — Join the Roadies** This is the date for the annual 3RVS May Madness tour. Leave from Wayne High School between 7 and 9 AM.

**Sunday, May 20 — Urban Singletrack** It's hard to beat Franke Park for urban trails. You will want to check out the new stuff, too. Gather at the BMX parking lot at 3 PM.

**Monday, May 29 — The Hicksville Hundred: Be a Skinny Tired Guy (Gal)** Join the Fat Tired Guy for a tour through the scenic Indiana lake country. Distance options are 55 and 100 miles. Check out the touring schedule for details.

For more info contact Phil at 419-542-8971 or [bikenphil@aol.com](mailto:bikenphil@aol.com)

## 3RVS Spring Cleanup Of The Rivergreenway

The Three Rivers Velo Sport, Inc. held its spring Greenway clean up on Sunday, April 1, 2001. We left six large bags of trash at the restrooms in Kreager Park.

Five volunteers including Chuck and Marilyn Bash, Linda Bird, Carol Blauvelt, and Jerry Bovine spent nearly 3 hours cleaning up our section of the Greenway, which covers two miles along the Maumee River between the boat landing to the golf course.



*A portion of the Rivergreenway*

No significant problems were noticed, just the usual pile of beer and soda cans. There were many bottles, both plastic and glass in addition to lots of styrofoam cups and insulation. Because there was little vegetation, we saw more area and stuff that would usually be hidden.

The bike path in the area of the golf course still needs repair. There is a section that has been washed out. If repaired, it would provide a connection between the east area and downtown Fort Wayne.

Our next clean up is scheduled for this summer.

**Chuck Bash**

## 3RVS Classifieds

### FOR SALE:

**Stumpjumper Mountain Bike**, aluminum frame, light blue metallic color, Shimano XT components, fit rider from 5' to 5'8". Excellent condition, \$500 obo.

**Three Bicycle Helmets**, great shape, two like new! **Bell** top of the line model, orange, medium, \$50. **Bell** mid-range model, green with visor, medium/small, \$25. **Specialized**, purple, small, \$20.

Call Todd Anderson at 219-434-3962.

### FOR SALE:

\$300 obo: One pair of **Spinergy** wheels, front and rear. Early Revolution X, circa early 1997. Less than 13,250 miles, only ridden by a Little Old Man with a bad heart and arthritic hip. Never ridden off-road; never raced; never in an accident. Will include a valve extender and willing to trade up to four tubes with long valves for four tubes with standard presta valves w/ no holes.

Call Chuck Bash at 219-749-2095(h) or 219-423-4422(w), or [MBCBtandem@aol.com](mailto:MBCBtandem@aol.com)

## *Quick Release*

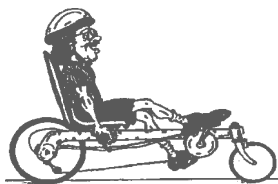
This is a publication of 3 Rivers Velo Sport, Inc., as the astute reader would have learned from the top of page 1. It is published 12 or so times a year, and is distributed to all club members free of charge. Well, you do have to pay your dues to receive *Quick Release*, but beside that small detail, it's free of charge to members.

## *3 Rivers Velo Sport*

3RVS Inc. is a bicycling organization based in Fort Wayne, Indiana which promotes bicycling as a healthy, fun, energy efficient, lifelong activity for persons of all ages. The club sponsors a range of activities offering the benefits of group cycling to riders interested in touring, racing and off-road riding. Special thanks to the following:

Webmaster ..... Michael Heyes  
[mheyest@concentric.net](mailto:mheyest@concentric.net)

### The 11 Foot Chain Guy



by Wendell Brane - Wbrane@ctlnet.com

It was now dark as the three of us headed back from North Baltimore, Ohio, a small town about 10 miles north of Findlay. My brother, Tom, and a mutual friend, Doug, and I were attempting a double century.

We left early that day from New Haven and headed east, stopping in numerous little towns along the way to get relief from the 90+ degree heat, guzzling down cold Cokes and milkshakes at every chance we had. We were now heading back home, having 100 miles under our belt. We had planned on a long night ride, and were all well equipped with lights and reflectors. I had mapped out a route that would take us down low-traveled back roads. The cooler air refreshed our spirits

and we all felt confident that we would now conquer the goal, even if it meant the *slowest* double in history.

But there came upon us a slight snag: several hours later we got caught in a thrashing thunderstorm. I'd never seen such spectacular displays of lightning. Eventually we came upon a church and sought shelter under its tiny awning. I walked around looking for an opened door but found nothing. A neighbor must have seen me and before we knew it a parade of sirens and flashing lights pulled in, blocking the entrance. We were surrounded by 5 squad cars.

It seemed obvious that all we wanted was some relief from the storm, which was still blasting down upon all of us, including the friendly men in blue. But they had to be convinced: Who are you? What are you doing? Do you know you are trespassing? Wait here while we run a police check on you. The pastor may want to file charges. Do you have any weapons on you?

It seemed so absurd to me. I had to really bite my tongue from getting sarcastic. "Yes officer," I thought to myself, "We rode our bikes 140 miles today so we could break into this church: Tom was going to take the organ, Doug was going to steal a pew, and I wanted the pulpit. We were going to strap them to the back of our bikes and ride through this thunderstorm all the way back to Indiana." Instead, I wisely cooperated.

The priest lived next door and the cops woke him up to brief him on the situation. I imagined a friendly face saying "No, no, let the boys come on in. I'll make some soup. They can dry off and rest for a spell." Not quite. He was a nervous sort of fellow who never did open his door to talk. He simply muttered, "They can stay on the porch, out of the rain. But when it stops, I want them out of here." The cops gave us a stern lecture and left. The porch was nothing more than a screened in slab of concrete. We waited there several hours, trying to sleep on the cement, but to no avail. At 4:30 AM we decided to continue on even though it was still raining. We mounted the bikes and headed toward Defiance.

It was one of the most miserable rides I can remember; we were cold, wet, hungry, tired, sore, and emotionally depressed. To cheer each other up we would quote Kathy Boling every 5 minutes: "That which does not kill you will make you stronger." (The little proverb quickly became more like a curse than an encouragement). At daybreak we reached Defiance and called it quits, 33 miles short of the 200. Later that season we did get our double century in, but under much better conditions.

**Welcome to 3RVS'  
Newest Members**

Lee and Kanitha Somsavath  
Karen Johnson  
David Hahn  
Trent Oltman  
Timothy Dooley  
Dan and Claire Weir  
Mathew Graves

<input type="checkbox"/> Individual <input type="checkbox"/> New <input type="checkbox"/> Family <input type="checkbox"/> Renewal	<b>3 Rivers Velo Sport 2001 Membership Form</b>	<input type="checkbox"/> Touring <input type="checkbox"/> Off-Road <input type="checkbox"/> Racing <input type="checkbox"/> Commuting
Name _____ Age _____ Date _____		
Address _____ City _____		
State _____ Zip _____ Phone _____ Email _____		
<input type="checkbox"/> Check to receive newsletter by email <input type="checkbox"/> Check to not be included on membership roster available to other bike related groups		
Signature(s) (Parent or guardian if under 18) _____		
<small>Fees: \$10 Individual, \$15 Family. In signing this form, I acknowledge the inherent danger of bicycling and agree on behalf of myself, my heirs, devisees or estate to hold 3RVS, Inc. and its members harmless for loss, damage, injury/death to myself or dependents as a consequence of participating in activities of 3RVS, Inc. <b>Make check payable to 3RVS. Return to 3RVS, PO Box 11391, Ft. Wayne, IN 46857-1391</b></small>		



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# Three Rivers Velo Sport, Inc.

## May 2001 Newsletter

A FORT WAYNE, INDIANA  
BICYCLE ORGANIZATION

### Next 3RVS Club Meeting

**When:** Thursday, May 3, at 7:30 pm

**Where:** First Wayne St. United Methodist Church, 300 E. Wayne St.

### May Program

Susan Hunt, one of our most active Club members, shares her secrets for completing those long, multi-day bike rides. These events are actually a lot of fun! Come out and find out how to train and what to take.

### **3RVS Club Officers**

<u>Position</u>	<u>Name</u>	<u>Phone (219)</u>	<u>Email</u>
President	Karen Walker	747-2420	president@3rs.com
Treasurer	Diane Mardoian	497-9740	treasurer@3rvs.com
Secretary	Kit Conrad	471-4962	secretary@3rvs.com
Touring	Kathy Boling	432-5526	touring@3rvs.com
Racing	Joe Bartels	744-1675	racing@3rvs.com
Off-Road	Phil Snider	419-542-8971	mtb@3rvs.com
Publicity	Scott Hill	422-0800	publicity@3rvs.com
Newsletter	Michael Heyes	489-7040	newsletter@3rvs.com
Membership website	Leslie Melcher www.3rvs.com	486-9808	membership@3rvs.com mhey@concentric.net