



# Quick Release

May 2021

Monthly meetings are held the 1<sup>st</sup> Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#).

Next Meeting is May 6<sup>th</sup>

Minutes and agendas archived [here](#):

We have changed our online signup for [member-ship](#) for your convenience. Follow the links above to join or more information!



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## To Boldly Step Where We've Been Before

Patrick Stelte

This evening, I decided to listen to a couple of my favorite Miles Davis albums. *Kind of Blue* is like a tuning fork that centers me against any underlining apprehensions and loneliness that can creep up when I get introspective during the remains of the day. Visiting mom in the nursing home yesterday is one such emotional nudge to off-balance. Weather is another trigger, as in lack of or too much. Another prompt is an overabundance of people interaction. That has come in spades this week. So, Miles came to my rescue when I couldn't find a distraction to off-put reckoning. I am now ready for tomorrow.

Speaking of apprehension, the past year has been a sideways adventure of surreal proportions. Throughout the history of mankind, disease and pestilence has cast a long shadow on the edge of every generation. However, the last great pandemic was over a hundred years ago, past the shared experience of today's humanity. We were not prepared and the fallout has gone every which way. Now, there seems to be a



plan (vaccine), a way forward to re-assemble what was once normal. Intentions show signs of confidence replacing doubt and happenstance. With that said, Three Rivers Velo Sport has begun a new normal that is replacing the most recent new normal. That is, a ride schedule and formalities that were routine in the near past. The kick off was the annual party held at Franke Park in mid-April and attended by dozens of old friends, some saying hello for the first time in over a year. It had the relaxed feeling of the Aldersgate Church basement of years past when the Christmas party was centered on eats and good conversation.

Now, the venture is the open road, city streets, cyclopathing, gavel grinding and trail shredding with a bit of trepidation on how it will all play out over the next few months. To get us started, 3RVS welcomes a new touring director in Michael Souers. He has grown up around the club and knows the ins and outs of touring in our area. The weekday rides are back with a mix of seasoned and new ride leaders. Rumor has it that Steve Pequignot will return to Tuesday Night Skills Ride leader. I call that a win for all of us thanks to the vaccine. Dave McComb is taking over the Wednesday Night Saturn Ride. After 12 years as ride leader, I felt the need to pass the baton.

The truncated schedule of last year was part of a sideways comprise that kept the club active and relevant in a time of ambiguity. I was very grateful. 3RVS and group riding play a big part in my social community. Riding alone for half the year was disorienting. Not sharing the experience of a good ride or feeling the transfer of energy from others left me hollow and

## To Boldly Step Where We've Been Before

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suspended. This year our Show N' Go schedule was well attended after a dreadful February. As I write these words, I am cautious how this season will be received and what lies ahead.

*In a Silent Way* is another Miles Davis favorite of mine. It connects me to my youth and the visceral tone that surrounded everyday life in the 1960s. The resonance of the album suggests a struggle that keeps the prize just out of reach. I was just a boy back then not completely aware of what was going on, but listening to it tonight connected the present with the past and the hope for better times. I am now ready for the parking lot. Ready to greet new faces and old acquaintances. The balance I achieved in more than a decade of group riding with the club is about to be re-tuned. I wish you all shared experiences in your riding adventures as the need for community runs through us like DNA markers revealed and when you come to a fork in the road, I suggest you take it.



Patrick Stelte

## May Touring Dates

Michael Souers

Date	Time	Map	Start At	Destination/Pace Groups	Distance
5/1	10:00 AM	<a href="#">CHS-7</a>	Carroll High School	Columbia City/Churubusco Groups TBD	28/39/51
5/2	10:00 AM	<a href="#">KRG-3</a>	Kreager Park	Bull Rapids/Antwerp/Cecil Groups TBD	25/45/65
5/8	10:00 AM	<a href="#">NHS-2</a>	New Haven High School	Poe/Hoagland/Monroeville/Woodburn Groups TBD	30/43/50/58
5/9	10:00 AM	<a href="#">SWS-3</a>	Sweetwater Sound	Roanoke/Huntington Groups TBD	31/43/51
5/15	10:00 AM	<a href="#">LME-1</a>	Lafayette Meadows Elementary	Roanoke/Huntington/North Manchester Groups TBD	21/34/64
5/16	10:00 AM	<a href="#">WLN-3</a>	Woodlan High School	Woodburn/Antwerp/Cecil Groups TBD	21/42/46/51
5/22	10:00 AM	<a href="#">WHS-1</a>	Wayne High School	Decatur/Willshire Groups TBD	21/35/40/55/60
5/23	10:00 AM	<a href="#">CHS-6</a>	Carroll High School	Churubusco/Meriam Groups TBD	27/41/53/56
5/29	10:00 AM	<a href="#">ROA-3</a>	Roanoke Park	Markle/Huntington Groups TBD	37/51
5/30	10:00 AM	<a href="#">HTN-1</a>	Huntertown Elementary	Auburn/Waterloo/Ashley/Garrett Groups TBD	26/39/62
5/31	10:00 AM	<a href="#">KRG-8</a>	Kreager Park	Woodburn/Payne/Paulding/Antwerp/Cecil/ Hicksville/Leo Groups TBD	26/48/64/104

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B, C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

**Monday**

**Monday Meanderings & Musings 10:00AM**

Location varies, check weekly for start locations

Pace 10-15 MPH

**Covington Elementary 6:00PM**

2430 W. Hamilton Rd. S

Distance: ~25 miles

Pace: 17-18 MPH

**Franke 6:30PM**

All Ride Levels, split into groups

**Tuesday**

**Kreager Ride 6:00PM**

Kreager Park 6400 N. River Rd

Meet near the Tennis Courts

Distance: 28 miles

Pace: 13-15 MPH

**Skills Dev Tour 6:00PM**

Jefferson Middle School

5303 Wheelock Rd. Ft Wayne

Distance: 24-42 miles

Pace: 18-20 MPH

**Short n' Sweet 6:00PM**

Start Location Varies

Ad-hoc rides starting soon.

**Trek the Trails 6:30PM**

Start Varies

Distance: TBD

Pace: 10-13 MPH

**Wednesday**

**Saturn Ride 6:00PM**

Saturn Church, 6731 E 800 S Whitley Co. (1 mi E of Allen Co.)

Distance: 25-27 miles

Pace: 22+ MPH

**Thursday**

**Girls Ride Out 6:00PM**

Over for the Season

**3RVS Skills Tour Announcement**

**Steve Pequignot**

The 3RVS Skills Tour returns for a seventh season. The opening ride will be Tuesday, May 4, starting at Jefferson Middle School at 6:00 PM. Distance options will be from 24.8 to 45.2 miles, based on weather conditions, daylight and group attendance. At the onset of the season expect a pace of 18/19 MPH. We will be taking it easy for first few rides focusing on group riders avoiding overlapping wheels and becoming accustomed to riding in a group.

As the season progresses expect the B pace to increase to an A pace (20 plus MPH) as riders gain conditioning and feel comfortable benefiting from group drafting techniques.

The Skills Tour is an aerobar and recumbent friendly ride. We will work with aerobar riders so they know when and when not to use aerobars and/or bars with no brake access. Also, we will introduce training for recumbent riders so they can learn how to safely ride in group rides with road bike riders.

A Wing Awards will be presented to club members who fulfill the requirements to earn the award; those being: each rider must pull at least twice during the ride for at least one minute, must ride at least 24.8 miles with the group, must not get dropped, average speed for the total ride must be 20 MPH or higher.

The Skills Tour no-drop policy: Riders are expected to be able to maintain a minimum pace of 18 MPH in the group. There will be occasions when the group pace exceeds 18 MPH. If one or more riders are dropped from the group and the dropped rider(s) are holding an 18 MPH pace when dropped, the lead group will stop at the next stop sign or turn to wait for dropped riders.

The Skills Tour will ride every Tuesday, weather permitting through September 28, 2021. Check the 3RVS Facebook Page the day of the tour for updates. All participants are encouraged to use the Ride 3RVS Life360 App so they can be tracked in the event of a mechanical failure or other situation on the road.

Ride leaders: Scott Tomsits, Shane Powell and Steve Pequignot

**NEIC Trailblazers Youth MTB Team Update**

**Ramon Vasquez**

As our season creeps closer to officially starting, a lot of things are coming together. The team has already surpassed the total amount of registered riders (now registered 3RVS members by the way) than we had all of last year. This includes many younger riders and our ladies group has quadrupled in size! We still have over 2 months until official practices begin, so the fact the team has grown so much already is exciting!

Our first order of team gear recently arrived and our trailer with spare bikes and parts as well as the next order of T-shirts are in the process of being stickered up and printed off. A few of the boys have already sampled the race scene going all the way to Missouri to compete in the Chubb Enduro. We also will have quite a few riders who plan to race in the Dino series opener at Winona next month. A ten day camping/riding event is planned in June that we're very excited about and not long after our season officially kicks off with first practices starting at Franke Park with a youth only mountain bike race on August 22nd.

Everyone is welcome to come cheer the riders on and we may even have volunteer positions available for those who feel so inclined? Stay tuned for our next round of updates and in the meantime go shred some trails!

**First Friday each Month**

**City Tour 6:30PM**

Lawton Park, east end of parking lot

Distance: 8-10 miles

Pace: 10-12 mph

## Monday Meanderings and Musings Schedule Kathi Hoch Heyes

Here is the Meandering Schedule for May. All rides start at 10 AM and are weather permitting at the discretion of the ride leaders. Updates will post on the Meanderings Page.

May 3<sup>rd</sup>: Rockhill Park  
Ride Leader: Angie Quinn

May 10<sup>th</sup>: Johnny Appleseed Park  
Ride Leader: Amy Copeland

May 17<sup>th</sup>: Swinney Park West  
Ride Leader: Kathi Heyes

May 24<sup>th</sup>: Tillman Park  
Ride Leader: Angie Quinn

May 31<sup>st</sup>: Memorial Day: TBD Show n' Go

### Three Rivers Velo Sport

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We're on the web.  
[www.3rvs.com](http://www.3rvs.com)



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