



Quick Release

September 2020

Monthly meetings are held the 1st Thursday of each month 7:30 PM at the Downtown ACPL, [900 Library Plaza, Fort Wayne, IN 46802](#).

Next Meeting is September 6th

Minutes and agendas archived [here](#):

We have changed our online signup for [membership](#) for your convenience. Follow the links above to join or more information!



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Growing the 3RVS Community

Johnny Grabowski

I try to regularly remind myself of the mission of Three Rivers Velo Sport: to promote the general interest and enjoyment of bicycling for health, recreation, and economical transportation. We do this through 3RVS programs and by financially supporting select efforts of other organizations in our area.

While 3RVS is a not-for-profit organization run by volunteers, we do have operating expenses (like club insurance, web domain hosting, etc.). To fund those expenses, and to have sufficient additional funds to support other organizations like Trek the Trails, 3RVS relies on two primary sources of income: memberships and proceeds from the annual Festival Tour.

Like most things this year, our beloved bike club has been affected by the pandemic. We started group rides months later than normal, many club members have adjusted their participation in 3RVS activities to manage their own personal risk, and we cancelled the Festival Tour which represented approximately \$1,300 of the club's income last year - income that simply won't happen this year.



Johnny Grabowski

Even with the challenges of 2020, 3RVS membership numbers are solid. If you received this newsletter via email, then you're a current 3RVS member and I want to sincerely thank you for your support. But considering the burgeoning number of cyclists in the wake of this pandemic, the growing population of the greater Fort Wayne area, or even the number of cyclists on Fort Wayne Trails or participating in Trek the Trails, I see so much opportunity to make more people aware of what 3RVS has to offer and grow our membership numbers. This would further increase participation in 3RVS activities, add new and additional volunteer resources, and provide more funds for supporting more cycling-related efforts in our area.

What can you do? Mention the club when you're talking or posting on social media. If you participated in a group ride, include the club's name in your post or when you re-name the ride on your ride app of choice. Mention the local bike shop discount and the annual awards banquet (which easily more than offset our very affordable club dues). With online and mobile registration available via the Membership tab on the 3RVS.com website, becoming a member is easier than ever.

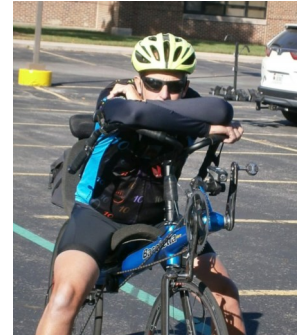
Thanks to the fiscal responsibility of the 3RVS Board of Directors in recent years, we have sufficient funds to support our activities for the foreseeable future. Even so, there's no reason for 3RVS to be northeast Indiana's best-kept cycling secret - we really owe it to the cycling community to let them know all the reasons why they should want to be a part of Three Rivers Velo Sport.

September Touring Challenge

Shane Powell

September is upon us already. The September Touring Challenge is back for its seventh season. The September Touring Challenge will begin on Tuesday, September 1 and run through September 30, 2020.

Awards will be presented at our annual End of Season Party to club members who join this club challenge and log their cycling distance on Strava. Awards will be presented to 3RVS members who bicycle 500, 750, 1000, or 1610 kilometers (1,000 miles) from September 1 through September 30, 2020. Your distance for any bicycling event, either a club tour, race, off road, riding by yourself, or due to social distancing, and with consideration for those who are still doing so, all Zwift/ smart trainer miles will be accepted as long as the ride is uploaded to Strava. No manual entries will be accepted unless your recording device fails during your ride, in which case you may enter your lost miles as a manual entry along with the portion of the ride that was recorded offering an explanation for the lost distance in the description box. Your Strava account must be opened to accept 3RVS members to follow you without asking for a request. To join the 3RVS September Touring Challenge, go to www.strava.com/clubs/3rvs and sign up. The Strava September Touring Challenge page is a closed group for club members only. After you apply to join the challenge your 3RVS membership will be verified, then your place on the roster will be approved. If you were a 3RVS member last year and joined the 3RVS September Touring Challenge you are likely already signed up for this year's challenge provided you are still a



Shane Powell

September Touring Dates

Date	Time	Map	Start At	Destination/Pace Groups	Distance
9/5	8:00 AM	KRG-8	Kreager Park	Woodburn/Payne/Paulding/Hicksville Groups TBD	26/48/64/104
9/6	8:00 AM	HTN-13	Huntertown School	Huntertown/Auburn/Ashley/Pleasant Lake Groups TBD	35/67/81/101
9/7	8:00 AM	ARC-6-100	Arcola Elementary	Huntertown/Grabill/Hoagland/Roanoke Groups TBD	28/50/76/100
9/7	6:00 PM	Rudy's Ride	Tillman Park	Hessen Cassel/Poe Groups TBD	26
9/12	9:00 AM	NHS-5	New Haven High School	Antwerp/Hicksville/Grabill Groups TBD	18/31/43/58/63
9/13	9:00 AM	SWS-2	Sweetwater Sound	Huntertown/Leo/Spencerville Groups TBD	29/46/53/60/62 70/71
9/19	9:00 AM	WHS-3	Wayne High School	Zanesville/Huntington/Ossian Groups TBD	19/33/44/55
9/20	9:00 AM	WLN-1	Woodlan High School	Woodburn/Antwerp/Cecil/The Bend Groups TBD	12/31/53/63
9/26	9:00 AM	HTN-12	Huntertown School	Woodburn/Antwerp/Cecil/Spencerville Groups TBD	60/75/100
9/27	9:00 AM	LHS-7	Leo High School	Spencerville/Edgerton/Butler Groups TBD	21/32/45/49/60

Weekend tours are subject to change due to road, weather or other conditions. Any changes will be posted on the 3RVS website, 3RVS Facebook Page, or @ride3rvs.

The A group rides at every tour, B,C & D group tours are listed in Destination/Pace Groups above.

Group paces: A = 20+ mph; B = 18/19 mph; C = 16/17 mph; D = 14/15 mph; E = 12/13 mph

See the back side of the weekend route maps or 3rvs.com for 3RVS Group Riding Guidelines.

Follow our tours live using the Life360 App at Ride 3RVS.

Monday

Franke 6:30PM

Learn basic off road riding techniques. Meet at the trailhead parking lot. Respect the Trails - Stay off when condition pose a threat of damaging the trail.

Monday Meanderings TBD & Musings

Location varies, check weekly for start locations

Pace 10-15 MPH

Covington Elementary 6:00PM

2430 W. Hamilton Rd. S

Distance: 25 miles

Pace: 17-18 MPH

Tuesday

Kreager Ride 6:00PM

Kreager Park 6400 N. River Rd

Meet near the Tennis Courts

Distance: 28 miles

Pace: 13-15 MPH

Skills Dev Tour 6:00PM

Jefferson Middle School

5303 Wheelock Rd. Ft Wayne

Distance: 24-42 miles

Pace: 18-20 MPH

Short N' Sweet 6:30PM

Sweetwater 5501 US Hwy 30

Distance: 20 miles

Pace: 16-18 MPH

Wednesday

Saturn Ride 6:00PM

Saturn Church, 6731 E 800 S Whitely Co. (1 mi E of Allen Co.)

Distance: 25-27 miles

Pace: 22+ MPH

Rogue Ride 6:15PM

Arcola ES & Wayne HS (Varies weekly)

Distance: 20-36 miles

Pace: 15-17 mph

September Touring Challenge

Shane Powell

3RVS member. If you are unsure if you are signed up go to your Strava Profile, look under Clubs for the Three Rivers Velo Sport September Touring Challenge logo. If it is on your Profile you are registered. Non-3RVS members may not participate in this challenge and have been removed from the group page. Non-members may join 3RVS then sign up for the challenge. Only kilometers ridden after joining 3RVS will be counted in the challenge. In addition to the awards mentioned above, podium awards will be presented to the top 3 female and male finishers. To view the daily kilometer leaderboard go to: www.americanclassicgroup.com/3rvs/3rvschallenge.htm it will be activated Tuesday, September 1, 2020 and will be updated each day.

Your weekly distances must be posted on your Strava page at least once per week, no later than 11:59 PM., each Sunday. Questions may be directed to Touring Director Shane Powell, via email at: touring@3rvs.com.

Distance entries will conclude at 11:59 PM., September 30, 2020. Results will be finalized and posted October 1, 2020.

The Conclusion of a Season

Shane Powell

As we roll into our final month of the regular ride season, it feels as though it never really got started. Our normal Spring group rides interrupted by COVID, the continued social distancing that kept many riders away from the regular group rides, and the absence of dear friends.

This absence is what has weighed upon my mind the most. Many of these faces will return next season, to brighten our spirits, and make even the longest miles a welcome challenge. Mona Will, and legendary former Touring Director Steve Pequignot are at the top of this list for me. Conversely, there is another face that I have missed severely, who I won't see again.

Rudy Schmidtke was the best of what we attempt to represent at 3RVS. He was always welcoming, with a big smile on his face. He could hammer with the fastest guys in town, yet he was even more fond of the slower social rides. It was his positive attitude, and ability to fit into any group that endeared him to so many of us. It is with this legacy in mind, that I have added the first annual Rudy Schmidtke Memorial ride to the Labor Day ride schedule.

I have downloaded Rudy's last recorded ride on Strava, and uploaded the route to the 3RVS Touring Ride With GPS account. If you don't have a cycling computer with GPS capability, it doesn't matter. In memory of Rudy, we will all ride at whatever pace is necessary to keep the group together.

We will meet at Tillman Park, near the tennis courts at 6:00PM. We will leave at 6:14 PM, as that was the time recorded on Rudy's Strava. It is 25.53 miles. Everyone is welcome to participate, weather you knew Rudy or not. He would have welcomed you.



Thursday

Girls Ride Out 6:00PM

Roanoke Park, Corner of Seminary & 8th Street, Roanoke, IN

Distance: 20/25 miles

Pace: 14/15 mph

First Friday each Month

City Tour 6:30PM

Lawton Park, east end of parking lot

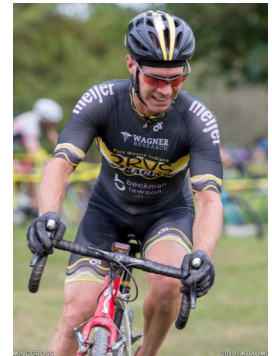
Distance: 8-10 miles

Pace: 10-12 mph

3RVS Time Trial #2**Dave McComb**

Great night for racing, everyone looked happy and healthy. Once again Sean Martin set the course on fire with Gary Painter close behind. On the road bike Nathan Woods put the power to the pavement at over 26 mph. Nancy Lichtensteiger had another PR but could not match the speed of Emily Payonk.

Shane Powell dominated the three wheeled bike division. Paul Mowery had his own cheering section that was very motivating. Thanks to everyone who came out to participate, help (Chuck South) and cheer. Stay tuned, there should be another TT before the end of the season.



Dave McComb

3RVS Time Trial Results**Dave McComb****Road Time Trial Series #2 August 18, 2020 - Final Results**

Place	Name	Class	Team	Points	Time	MPH
1	Sean Martin	M-TT	FW Outfitters	25	20:49	28.82
2	Gary Painter	M-TT	FW Outfitters	20	21:14	28.26
3	Dave Lewis	M-TT	FW Outfitters	16	23:08	25.94
4	Hugh Smith	M-TT	FW Outfitters	14	23:22	25.73
5	Paul Mowrey	M-TT	FW Outfitters	12	24:16	24.73
6	Graham Wedeven	M-TT	FW Outfitters	10	24:26	24.56
7	Don Cahill	M-TT	FW Outfitters	9	24:37	24.37
8	Tim Donofrio	M-TT	FW Outfitters	8	25:28	23.56
9	Cody Benhan	M-TT		7	25:31	23.51
10	Hal Wilson	M-TT		6	26:52	22.33
1	Emily Payonk	W-TT	Team Neighborlink	25	24:29	24.51
2	Nancy Lichtensteiger	W-TT		20	29:04	20.64
1	Nathan Woods	M-RD	FW Outfitters	25	23:03	26.03
2	Rex Connelly	M-RD		20	28:45	20.87
3	Brian Meyer	M-RD		16	29:41	20.21
1	Shane Powell	M-RC		25	29:32	20.32

Panhandle Pathway Destination Ride

Amy Copeland

Destination riding continues this month on September 26th with a trail we have not done since 2017, the Panhandle Pathway. Running between the town of Kenneth just outside Logansport headed north to Winamac, this will be an out and back ride for a total of 44 miles with a lunch stop at the turn around in Winamac. We understand differing comfort levels and welcome anyone who wishes to feel free to pack their own provisions rather than group dining in a restaurant. There is a city park just a few blocks away where everyone can regroup to complete the ride. Due to COVID we will not arrange carpools but you are free to meet up with any friends you are comfortable making the drive with. We will meet at 8:00AM at the Starbucks at 5723 Coventry Lane and drive approximately 90 minutes to the Panhandle Pathway south trailhead: Just west of Logansport IN. The Kenneth (south) terminus is at the intersection of CR West 50 N. & the Pathway. Turn north on CR 600 W. and go about 0.5 mile north; turn east on CR 50 N. and go about 0.5 mile to intersect the Pathway. The trailhead is on the northeast corner. Anyone wishing to drive separately please plan to be at the trailhead at 9:30AM. This is a paved path so any bike would be suitable for the ride. Pace will be 10-13MPH based on the riders in attendance.

Additional info:

Lunch: One Eyed Jacks Restaurant and Lounge in downtown Winamac <http://oneeyedjackswinamac.com/>
 While in Winamac we will take a trail bridge over the Tippecanoe River to check out the Winamac Town Park before heading back to the south trailhead in Kenneth.
 If you'd like to know more about the Panhandle Pathway visit [https://www.trailink.com/trail/panhandle-pathway/...](https://www.trailink.com/trail/panhandle-pathway/)
 Remember to bring: helmet, bike lock if you have one, money for lunch.



Amy Copeland

Three Rivers Velo Sport

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We're on the web.
www.3rvs.com



@ride3rvs



Members interact at
[facebook.com/groups/ThreeRiversVeloSport](https://www.facebook.com/groups/ThreeRiversVeloSport)

View our rides, Facebook.com/3rvsvideo



Life 360
 Track our tours live at Ride 3RVS

September First Friday City Tour - Special Notice: Date Change

Amy Copeland &
 Jennifer Altherr

Due to the Labor Day Holiday and ride leader conflicts we will be riding the First Friday tour on the second Friday. This change is for the month of September only. The new ride date will be Friday September 11th at 6:30 at Lawton Park in the lot on the north side of 4th street between the playground and ball fields. We apologize in advance for any trouble or confusion, but we plan to make up for it with a fun theme and other surprises.

